



FREQUENTLY ASKED QUESTIONS ABOUT A NEW DIRECTION

HOW LONG DOES EACH MODULE TAKE?

The only module with a specific timeline is the starting module, *Intake & Orientation*. It is intended to be completed within two weeks, with daily sessions of four or more hours. Time required for the subsequent modules depends on several factors: your choice ratio of therapists to inmates, and whether inmates will be completing assignments outside of class. For these reasons, we have intentionally not specified module lengths.

Once you have completed *Intake & Orientation*, you can present the next modules simultaneously because each module presents principles that reinforce the other modules.

DOES IT INCORPORATE BEST PRACTICES?

Yes. Gendreau and Goggin (1994) define a set of interventions that improve treatment outcomes, all of which *A New Direction* meets. Treatment should be based on behavioral strategies; be provided for at least three to four months (100 hours) of direct service with daily contact; target criminogenic needs; provide optimal conditions for learning pro-social behaviors; and provide continuing assistance or aftercare once the formal treatment phase ends.

THIS SOUNDS LIKE PRETTY COMPLEX STUFF, AND SOME OF MY CLIENTS HAVE LOW READING LEVELS. WILL THERE BE A PROBLEM?

The ideas in *A New Direction* are best presented orally rather than in reading assignments. This works well for all clients, but especially for clients with reading levels at sixth grade or less. Later in the curriculum, you may wish to assign parts for clients to read on their own. Then, they explain what they have learned to clients who are not as far along in the curriculum or who are at a lower reading level.

WHAT TIME COMMITMENT DO I HAVE TO MAKE FOR TRAINING?

The training is 3 days long and requires you have the curriculum. Please visit our [training page](#) for more information.

WHAT IF I HAVE QUESTIONS ALONG THE WAY?

Your best source is your [Hazelden sales representative](#), who can answer all your questions. Follow the link or phone 800.328.9000 and ask for the sales representative for your state.