

## Hazelden Connection *works*

Research shows that those who actively engage in continuing care are more likely to remain abstinent. This 18-month, recovery support program provides ongoing accountability and monitoring to enhance participants' Recovery Plan and promote lifelong recovery.



Hazelden Connection offers competitive pricing. For complete rates and to learn more, call us today at 877-394-6014.



**Hazelden locations**  
CENTER CITY, MINNESOTA  
CHICAGO, ILLINOIS  
MAPLE GROVE, MINNESOTA  
NAPLES, FLORIDA  
NEW YORK, NEW YORK  
NEWBERG, OREGON  
PLYMOUTH, MINNESOTA  
ST. PAUL, MINNESOTA

[hazelden.org/hazeldenconnection](http://hazelden.org/hazeldenconnection)  
**877-394-6014**

We invite you to call us with questions.  
We are available 24 hours a day.

Hazelden, a national nonprofit organization founded in 1949, helps people reclaim their lives from the disease of addiction. Built on decades of knowledge and experience, Hazelden offers a comprehensive approach to addiction that addresses the full range of patient, family, and professional needs, including treatment and continuing care for youth and adults, research, higher education, public education and advocacy, and publishing.



The tools and the team to support lifelong recovery

**Intensive support from an individualized recovery management program**



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# Why Hazelden Connection

Hazelden Connection provides 18 months of recovery coaching and support to participants, family members, and other concerned persons.

- Designed for those who need additional support and accountability in their early recovery.
- Includes coaching, accountability verification reports, and drug testing.
- Supports and utilizes the participant's Recovery Plan to help encourage active participation and monitor progress.

Hazelden Connection offers an intensive level of recovery support, and is ideal for people facing legal issues, custody matters, or loss of professional license; people who have been in treatment multiple times; students returning to college; and those that need additional accountability and support.

## What to Expect

The phases of the 18-month program include:

### > Real World

- Help participants new to recovery.
- Coach participants in building their recovery network, managing time and attending appointments, and gaining strength in their sobriety.

### > Balanced Life

- Examine how participants are adapting socially, emotionally, spiritually, financially, vocationally, recreationally, and in their personal relationships.
- Identify solutions to roadblocks in any of these areas and assist participants in developing a personal plan to meet their goals.

### > New Design for Living

- With recovery as their top priority, participants focus on personal goals and areas of life that they would like to continue to improve and develop.
- Assist participants in identifying these goals and developing a meaningful action plan to sustain lifelong recovery.

## Who Benefits

**Those in recovery.** For the participant, we work on reducing their risk factors for relapse, including strategies to address environmental and personal triggers for use, while also building the resiliency for lifelong recovery.

**Their families.** Addiction affects the whole family, so we include the family to encourage support, education, and access to recommend resources.

**Other concerned persons.** Monthly verification reports are sent to key stakeholders, such as employers, school administrators, or the legal system.



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Hazelden Connection is designed to improve recovery outcomes by providing guidance, support and accountability to not only participants in those critical months of early recovery, but to their families and others who are concerned about them as well.

Richard Choate, Manager of Recovery Support at Hazelden

