

Amazing offers  
that will make you  
squeal with delight!

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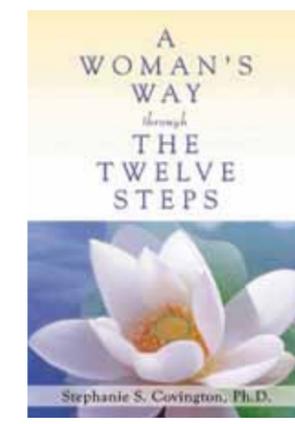
Unlock  
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Here's your key to  
**HUGE DISCOUNTS!**

Save up to  
on best-selling tools for  
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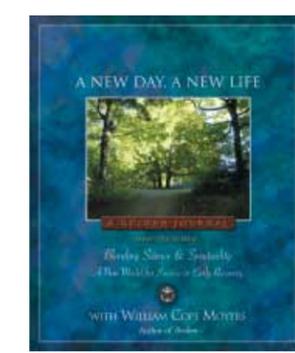
**75%**  
Offer ends  
6/30/2012

**Big savings on recovery essentials**



**A Woman's Way through the Twelve Steps**  
*by Stephanie S. Covington, Ph.D.*  
A *Woman's Way through the Twelve Steps* is an empowering resource for women in recovery. The program explores spirituality, powerlessness, and the emergence of a feminine soul. The interactive workbook and trade book are designed to work together. The video shows Dr. Covington leading real women in recovery through discussions and exercises.  
**5019 / \$14.95 \$11.95** Softcover, 264 pp.  
**2659 / \$14.95 \$11.95** Softcover, Spanish translation  
**1752 / \$13.95 \$11.15** Workbook, 104 pp.  
**2660 / \$12.95 \$10.35** Workbook, Spanish translation  
**7544 / \$89.95 \$71.95** Facilitator's guide, 208 pp.

**Your best value!**  
**A Woman's Way through the Twelve Steps Complete Collection only \$359.20**  
**7542 / \$449.00 \$359.20**  
Includes the facilitator's guide, 10 softcover books, and 10 workbooks.



**A New Day, A New Life**  
A Guided Journal  
*by William Cope Moyers with Jodie Carter*  
This guided journal and accompanying DVD serve as steadfast companions during early recovery.  
**0636 / \$29.95 \$10.00** DVD

SAVE OVER  
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**BEST  
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**Twenty-Four Hours a Day**  
First published in 1954, *Twenty-Four Hours a Day* paved the way for all other meditation volumes.  
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**5093 / \$13.95 \$9.76** Softcover



**Each Day a New Beginning**  
Daily Meditations for Women  
*by Karen Casey*  
With daily offerings of gentle warmth and wise counsel, *Each Day a New Beginning* helps lighten burdens and heighten joys.  
**1076 / \$14.95 \$10.46** Softcover, 400 pp.



**Touchstones**  
A Book of Daily Meditations for Men  
Encouraging readings provide men with spiritual guidance grounded in the Twelve Steps that can be applied during treatment and aftercare.  
**5029 / \$14.95 \$10.46** Softcover, 400 pp.



**Day by Day** SECOND EDITION  
Daily Meditations for Recovering Addicts  
This best-selling book helps recovering addicts find the courage and strength they need to live "one day at a time."  
**1099 / \$14.95 \$10.46**

Use promotion code  
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when ordering.  
Offer ends 6/30/2012.

Quantities are limited. Order today! [hazelden.org/bookstore](http://hazelden.org/bookstore) | 800-328-9000

# Great values on adult and youth treatment resources

## Living in Balance

Moving from a Life of Addiction to a Life of Recovery

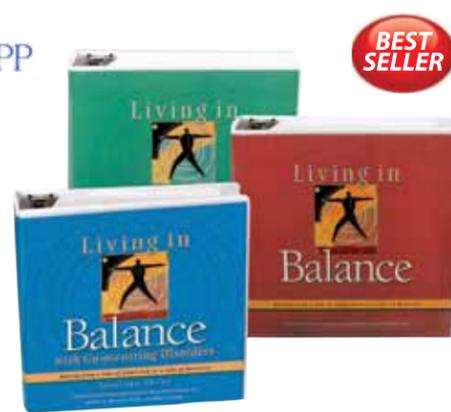
by Jeffrey A. Hoffman, Ph.D.; Mim J. Landry; and Barry D. Caudill, Ph.D.

Evidence-based *Living in Balance* draws from cognitive-behavioral, experiential, and Twelve Step approaches. Sessions can be easily customized for specific client populations or treatment tracks. Sessions 1-12 comprise the core of the program and address basic issues commonly faced by clients in early recovery. Twenty-one supplemental sessions (sessions 13-33) include in-depth, focused topics that are easily customizable for different client populations. Related resources are ten *Living in Balance with Co-occurring Disorders* sessions (sessions 34-43) that integrate a client's mental health disorder into their addiction treatment program and help to bring their life into balance.

2456 / \$549.00 **\$411.75** The Core Curriculum (sessions 1-12)

2239 / \$595.00 **\$446.25** Supplemental Sessions (sessions 13-33)

2543 / \$319.00 **\$239.25** Related Resources (sessions 34-43)



Your best value!

The complete *Living in Balance* program only **\$873.00**

3894 / \$1,164.00 **\$873.00**

Includes the core curriculum, 21 supplemental sessions, and 10 co-occurring disorders sessions.

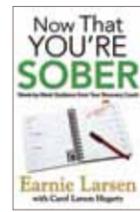


### 101 Meeting Starters

A Guide to Better Twelve Step Discussions  
by Mel B.

Here is a ready resource of thought-provoking topics for support group discussions.

2349 / \$13.95 **\$6.48** Softcover, 224 pp.



### Now That You're Sober

Week-by-Week Guidance from Your Recovery Coach  
by Earnie Larsen, with Carol Larsen Hegarty

A go-anywhere aftercare program created by Earnie Larsen. With 52 entries that will encourage you to embrace your hard-earned recovery.

4512 / \$14.95 **\$7.48** Softcover, 288 pp.



### Dangerous Drugs 2ND EDITION

An Easy-to-Use Reference for Parents and Professionals

Straightforward information on legal and illegal drugs, where they're found, how they are used, medical and behavioral consequences, and symptoms of abuse.

1899 / \$16.95 **\$4.95** Softcover, 320 pp.



### Brief Telephone Continuing Care Therapy for Adolescents

by Yifrah Kaminer, M.D., M.B.A. and Chris Napolitano, M.S., L.M.F.T.

This manual-guided phone therapy model is based on an integrated motivational interviewing and cognitive-behavioral approach. The clinician's manual includes the essential components of the program and instructions on how to implement it. A CD-ROM is included with essential materials that can be downloaded and reproduced.

7918 / \$39.95 **\$19.98** Softcover, 96 pp.



### Telephone Continuing Care Therapy for Adults

by James McKay, Ph.D.; Deborah H.A. Van Horn; and Rebecca Morrison

Based on an integrated treatment model of motivational interviewing and cognitive-behavioral therapy, *Telephone Continuing Care Therapy for Adults* is an evidence-based program for adult clients who have recently completed a substance abuse treatment program.

2837 / \$39.95 **\$19.98** Softcover, 88 pp., with CD-ROM



## The Matrix Model

Intensive Outpatient Alcohol and Drug Treatment Program

by Richard A. Rawson, Ph.D.; Jeanne L. Obert, M.S.M., L.M.F.T.; Michael J. McCann, M.A.; and Walter Ling, M.D.

No other evidence-based program for stimulant treatment approaches this program's rigorous studies. *The Matrix Model* covers individual/conjoint therapy, early recovery skills, relapse prevention, family education, social support, and urinalysis, with participation in a Twelve Step program encouraged throughout. The manualized format allows clients across your facility to use the same materials—giving you a standardized tool for measuring outcomes.

0176 / \$795.00 **\$596.25** Complete program (includes a therapist's manual; reproducible client handouts in print and on CD-ROM; calendar stickers; a NIDA research CD-ROM; a 12-week family component with 3 DVDs; and 25 Matrix medallions). ©CD-ROM ©DVD



Learn more about *The Matrix Model* at [hazelden.org/matrix](http://hazelden.org/matrix).



Low prices on top programs!

## The Matrix Model for Teens and Young Adults

Intensive Outpatient Alcohol and Drug Treatment Program

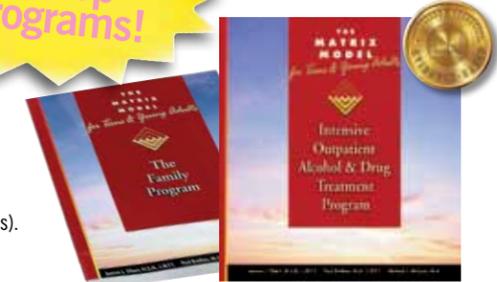
by Jeanne L. Obert, M.S.M., L.M.F.T.; Paul Brethen, M.A., L.M.F.T.; and Michael J. McCann, M.A.

Give young clients the knowledge and structure to evaluate their drug and alcohol use, help them move toward abstinence, and provide support for sustained recovery.

7776 / \$795.00 **\$596.25** Complete 16-week program (includes a therapist's manual, reproducible patient handouts in print and on CD-ROM; a 12-week family education component; three lecture videos; 30 slide guides; 1,280 calendar stickers; a NIDA research CD-ROM; and 25 Matrix medallions). ©CD-ROM ©DVD



Learn more about *The Matrix Model for Teens and Young Adults* at [hazelden.org/teenmatrix](http://hazelden.org/teenmatrix).



Order today for great savings!



The training icon shows that additional training is available for this Hazelden program.

Learn more at [hazelden.org/producttraining](http://hazelden.org/producttraining).



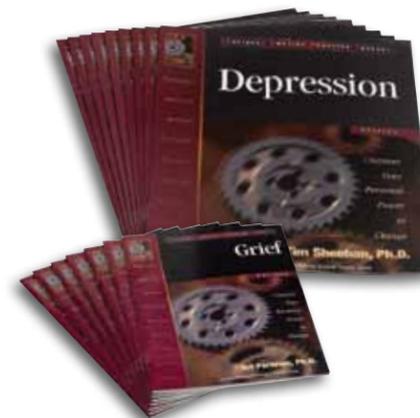
BEST SELLER

### Drugs of Addiction Videos

Essential facts and vivid, dramatic personal stories by recovering addicts.

7375 / \$1,095.00 **\$438.00** All 9 DVDs ©CD-ROM

- Alcohol: The Substance, the Addiction, the Solution
- Club Drugs: When the Party Is Over
- Cocaine and Crack: Back from the Abyss
- Marijuana: The Escape to Nowhere
- Methamphetamine: Deciding to Live
- Heroin: What Am I Going to Do?
- Prescription Drugs: Recovery from the Hidden Addiction
- OxyContin® and Other Prescription Drugs: Killing the Pain
- Cross-Addiction: The Back Door to Relapse



### REBT Pamphlets and Workbooks

Informative, interactive resources from Hazelden's Rational Emotive Behavior Therapy (REBT) program.

\$3.50 **\$1.05** Each pamphlet     \$2.50 **\$0.75** Each workbook

- |                          |                          |
|--------------------------|--------------------------|
| 2875 / Anger             | 2884 / Anger             |
| 2876 / Anxiety and Worry | 2885 / Anxiety and Worry |
| 2877 / Depression        | 2886 / Depression        |
| 2878 / Grief             | 2887 / Grief             |
| 2879 / Guilt             | 2888 / Guilt             |
| 2880 / Self-Esteem       | 2889 / Self-Esteem       |
| 2881 / Shame             | 2890 / Shame             |
| 2882 / Perfectionism     | 2891 / Perfectionism     |
| 2883 / Understanding     | 2892 / Understanding     |



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# Your first choice for behavioral health resources

# Great savings on criminal justice resources

## Hazelden Co-occurring Disorders Program

Integrated Services for Substance Use and Mental Health Problems developed by faculty from the Dartmouth Medical School and published by Hazelden

Hazelden's *Co-occurring Disorders Program (CDP)* is the first comprehensive program that provides both mental health and substance use disorder services at the same time and in one setting. Modular and easy to implement, *CDP* helps you address the unique needs of clients living with co-occurring disorders.

### Curriculum 1: Screening and Assessment

Helps you detect, identify, and treat mental health disorders in the context of substance use disorders. CD-ROM includes assessment forms and screening measures.

2976 / \$195.00 \$136.50 ©CD-ROM

### Curriculum 2: Integrating Combined Therapies

Explores motivational enhancement therapy (MET), cognitive-behavioral therapy (CBT), and Twelve Step facilitation (TSF).

2977 / \$319.00 \$223.30

### Curriculum 3: Cognitive-Behavioral Therapy

Helps you use CBT to address common psychiatric problems.

2978 / \$265.00 \$185.50

### Curriculum 4: Medication Management

Medical directors and clinicians will find vital, current information about numerous complex issues.

2979 / \$165.00 \$115.50

### Curriculum 5: Family Program

Includes a 12-week family education program and a 90-minute DVD.

2980 / \$325.00 \$227.50 ©DVD

### DVD: A Guide for Living with Co-occurring Disorders

Help and Hope for Clients and Their Families Interviews with clinicians, physicians, researchers, and clients.

2981 / \$225.00 \$157.50 ©DVD

### Clinical Administrator's Guidebook

Offers key stakeholders the tools to assess organizational effectiveness.

2982 / \$85.00 \$59.50



BEST SELLER

Your best value!

## The complete Hazelden Co-occurring Disorders Program only \$976.00

2999 / \$1,395.00 \$976.00 Includes five curricula, DVD, and the *Clinical Administrator's Guidebook* ©CD-ROM ©DVD

Learn more about the Hazelden Co-occurring Disorders Program at [cooccurring.org](http://cooccurring.org).



## Integrated Dual Disorder Therapy (IDDT) and IDDT Recovery Life Skills Program Collection

Help your clients live a new healthy and meaningful life in recovery with the *Integrated Dual Disorders Treatment* program and *Recovery Life Skills* program. Together, these evidence-based resources provide you with the tools you need to successfully treat clients living with co-occurring mental health and substance use disorders.

3896 / \$295.00 \$221.25

Collection includes one each of *Integrated Dual Disorders Treatment (IDDT): Best Practices, Skills, and Resources for Successful Client Care* developed by faculty from the Dartmouth Psychiatric Research Center and the *IDDT Recovery Life Skills Program: A Group Approach to Relapse Prevention and Healthy Living* by Lindy Fox, M.A., L.A.D.C. ©CD-ROM

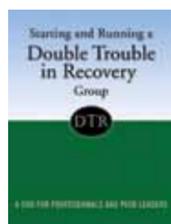
## Double Trouble in Recovery

Clients struggling with severe co-occurring substance use and mental health disorders can find experience, strength, and hope through the evidence-based Twelve Step group Double Trouble in Recovery (DTR). This Hazelden program helps you be an advocate for clients who wish to start and run a DTR self-help group. The components of this program will help you support the initiative and well-being of your clients.

3869 / \$175.00 \$122.50 *Starting and Running a Double Trouble in Recovery Group* DVD ©DVD

3868 / \$17.95 \$12.56 *How to Start a Double Trouble in Recovery Group*

3818 / \$9.00 \$6.30 *Double Trouble in Recovery: Basic Guide*



Your best value!

## The complete Double Trouble in Recovery program only \$157.50

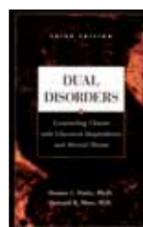
4417 / \$225.00 \$157.50 Includes one copy of *How to Start a Double Trouble in Recovery Group*, *Starting and Running a Double Trouble in Recovery Group* DVD, five copies of *Double Trouble in Recovery: Basic Guide*, and one set of twelve aluminum Keep Coming Back tokens. ©CD-ROM

## Dual Disorders THIRD EDITION Counseling Clients with Chemical Dependency and Mental Illness

By Dennis C. Daley, Ph.D., and Howard B. Moss, M.D.

Updated with the latest research, information about new medications, and new diagnostic criteria, this guidebook focuses on types of interventions for clients with dual disorders.

1963 / \$32.95 \$16.48



SAVE 50%!

## An incredible 75% off A New Direction resources



### A New Direction 1ST EDITION

Workbooks and Facilitator Guides—Long-Term (LT) and Short-Term (ST)

9700 / \$39.95 \$9.99 Intake and Orientation Facilitator's Guide

9701 / \$5.75 \$1.44 Intake and Orientation Workbook

9703 / \$49.95 \$12.49 Criminal and Addictive Thinking Facilitator's Guide LT

9720 / \$39.95 \$9.99 Criminal and Addictive Thinking Facilitator's Guide ST

9706 / \$49.95 \$12.49 Drug and Alcohol Education Facilitator's Guide LT

9723 / \$5.75 \$1.44 Drug and Alcohol Education Workbook ST

9709 / \$49.95 \$12.49 Relapse Prevention Facilitator's Guide LT

9724 / \$39.95 \$9.99 Relapse Prevention Facilitator's Guide ST

9710 / \$7.75 \$1.84 Relapse Prevention Workbook LT

9712 / \$49.95 \$12.49 Socialization Facilitator's Guide LT

9726 / \$39.95 \$9.99 Socialization Facilitator's Guide ST

9713 / \$7.75 \$1.84 Socialization Workbook LT

9727 / \$5.75 \$1.44 Socialization Workbook ST

9715 / \$49.95 \$12.49 Release and Reintegration Facilitator's Guide LT

9728 / \$39.95 \$9.99 Release and Reintegration Facilitator's Guide ST

9716 / \$7.75 \$1.84 Release and Reintegration Workbook LT

9729 / \$5.95 \$1.49 Release and Reintegration Workbook ST



## Living Skills

In today's economy, core living skills such as finding employment and balancing a checkbook are more important than ever. The newly redesigned and updated *Living Skills* program makes it easier for you to reach more clients. Facilitator and client materials are downloadable from a CD-ROM, meaning you'll always have copies on hand. The streamlined workbooks are easy for your clients to read and complete. Each topic includes a DVD and CD-ROM. ©CD-ROM ©DVD

4252 / \$210.00 \$126.00 Refusal Skills

4253 / \$210.00 \$126.00 Looking for Work

4254 / \$210.00 \$126.00 Values and Personal Responsibility

4255 / \$210.00 \$126.00 Making Decisions

4256 / \$210.00 \$126.00 Managing Money

4257 / \$210.00 \$126.00 Hygiene and Self-Care

Your best value!

## The complete Living Skills program only \$702.00

4250 / \$1,170.00 \$702.00 Includes six DVDs and six CD-ROMs. ©CD-ROM ©DVD

Save 40%!

## Favorite treatment essentials



1042 / \$19.95 \$4.99 Pat Butler: A Biography

1043 / \$19.95 \$4.99 Dan Anderson: A Biography

1161 / \$15.00 \$3.75 Working Clean and Sober

1943 / \$22.00 \$5.50 Hierarchy of Recovery

2395 / \$129.00 \$32.25 Meth: Our Nation's Crisis Toolkit

SAVE 75%!

Use promotion code **KEY12** when ordering. Offer ends 6/30/2012.

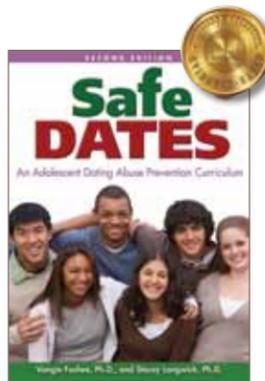


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# Deep discounts on violence and alcohol prevention resources



**Safe Dates** SECOND EDITION  
An Adolescent Dating Abuse Prevention Curriculum  
by Vangie Foshee, Ph.D. and Stacey Languick, Ph.D.

**BEST SELLER**

Provide dating violence prevention programming with teens using the leading evidence-based program proven to reduce incidents of teen dating violence. Ideal for middle and early high school settings. Includes a CD-ROM of reproducible materials.

9863 / \$225.00 **\$168.75**  
Includes manual and CD-ROM. ©CD-ROM



**75% OFF**

## No-Bullying Program GRADES K-8

This comprehensive program involves family, peers, media, and the community. Student-friendly, grade-specific activities foster norms against violence, aggression, and bullying. Individual components are also available.

Each grade level collection includes one teacher's manual, 30 student workbooks, 100 stickers, one poster, 50 copies of *A Guide for Families*, and one copy of *Bullying: An Overview for Educators*.

0962 / \$249.00 **\$62.25** Grades K-1    0964 / \$249.00 **\$62.25** Grades 4-5  
0963 / \$249.00 **\$62.25** Grades 2-3    0965 / \$249.00 **\$62.25** Grades 6-8

Your best value!

### No-Bullying Program

**K-5 Implementation Package only \$187.25**

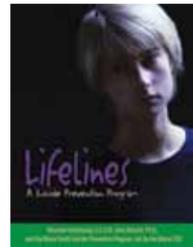
0549 / \$749.00 **\$187.25** Includes one grade-level collection each for grades K-5.

OR

**K-8 Implementation Package only \$199.75**

0961 / \$799.00 **\$199.75** Includes one grade-level collection each for grades K-8 and one program director's manual.

Low prices on top programs!

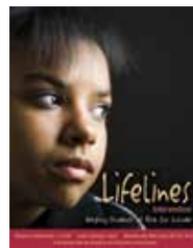


## Lifelines GRADES 6-12

A Suicide Prevention Program  
by Maureen Underwood, L.C.S.W.; John Kalafat, Ph.D.; and the Maine Youth Suicide Prevention Program, led by the Maine CDC

Components include a program guide, a CD-ROM with reproducible handouts and other resources, and two DVDs. The DVDs depict scenarios of student responses to a suicidal peer, as well as an actual response by students who had participated in *Lifelines*.

2759 / \$225.00 **\$180.00** Program guide, 130 pp.; CD-ROM; and two DVDs. ©CD-ROM ©DVD



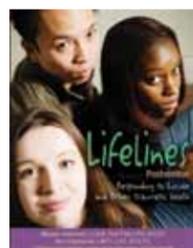
## Lifelines Intervention

Helping Students at Risk for Suicide  
by Maureen Underwood, L.C.S.W.; Judith Springer, Psy.D.; Michelle Ann-Rish Scott, M.S.W., Ph.D.

A whole-school program that educates on how to be fully prepared and how to address and respond to threats or signs of suicide and intervene—before it's too late.

This program introduces the "Tell Me More" format of intervening on a student at risk for suicide, and provides information on how to prepare to interview an at-risk student, gather collateral information about the student's risk for suicide, and address specific topics. *Lifelines Intervention* also provides clear guidance on how best to involve parents and guardians as partners.

3843 / \$149.00 **\$111.75** Includes a manual, DVD, and CD-ROM of reproducible materials. ©CD-ROM ©DVD



## Lifelines Postvention

Responding to Suicide and Other Traumatic Death  
by Maureen Underwood, L.C.S.W.; Fred T. Fell, L.P.S., N.C.S.P.; Nicci A. Spinazzola, L.M.F.T., L.P.C., B.C.E.T.S.; in partnership with the Society for the Prevention of Teen Suicide

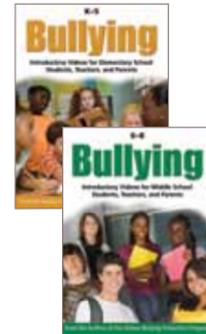
Cowritten by one of the authors of *Lifelines: A Suicide Prevention Program*, this postvention program educates everyone in the school community about how to successfully address and respond to any type of traumatic death that profoundly affects the school population. A CD-ROM is included with essential materials that can be downloaded and reproduced.

2873 / \$99.00 **\$79.00** Facilitator's guide and CD-ROM. ©CD-ROM

Your best value!

**The complete Lifelines Trilogy only \$318.75**

4179 / \$425.00 **\$318.75** Complete curriculum. ©CD-ROM ©DVD



## Bullying

Introductory Videos for Elementary School Students, Middle School Students, Teachers, and Parents  
from the authors of the Olweus Bullying Prevention Program

These engaging videos introduce the topic of bullying and bullying prevention strategies using age-appropriate language and grade-specific concepts. Also included on each DVD is a video for adults that describes what bullying is and how bullying prevention works.

3031 / \$119.00 **\$89.25** Bullying: Introductory Videos for Elementary School Students, Teachers, and Parents. ©DVD

3032 / \$119.00 **\$89.25** Bullying: Introductory Videos for Middle School Students, Teachers, and Parents. ©DVD



## Class Meetings That Matter

A Year's Worth of Resources for Grades K-5 and 6-8

Used with the *OBPP Teacher Guide*, each manual provides you with three dozen attention-getting meeting topics, including building a positive classroom climate, "hot spots" where bullying occurs, peer relationships, respecting differences, and more. Content reflects cognitive and social development at each grade level.

4727 / \$79.00 **\$59.75** Grades K-5

4738 / \$69.00 **\$51.75** Grades 6-8



## Cyber Bullying

A Prevention Curriculum for Grades 3-12

by Susan P. Limber, Ph.D.; Robin M. Kowalski, Ph.D.; and Patricia W. Agatston, Ph.D.

Give students the knowledge and skills to treat others respectfully when using cyber technology and teach them how to seek help if they are cyber bullied.

3815 / \$109.00 **\$81.75** Grades 3-5 Includes facilitator guide with CD-ROM. ©CD-ROM

7313 / \$109.00 **\$81.75** Grades 6-12 Includes facilitator guide with CD-ROM. ©CD-ROM



## Marijuana: What's a Parent to Believe?

by Timmen L. Cermak, M.D.

This much-needed book about America's most widely used illegal drug helps parents sort through the latest facts, the known risks, and the divergent perspectives on pot.

2202 / \$12.95 **\$6.48** Softcover, 264 pp.



## Teen Alcohol and Other Drug Use

Knowing the Signs and What to Do About Them

Parents will learn about the consequences of adolescent drug use, signs that their child might be using, and ways to intervene if their child is using.

4911 / \$225.00 **\$99.00** DVD, 23 min. ©DVD



**BEST SELLER**

## Project Northland GRADES 6-8

by Cheryl L. Perry, Ph.D.; Kelli A. Komro, Ph.D.; Carolyn L. Williams, Ph.D.; Sara Veblen-Mortenson, M.S.W., M.P.H.; and Bonnie S. Dudovitz, M.Ed.

Now in its second edition, this comprehensive middle school prevention program delays, reduces, and limits alcohol use. ©CD-ROM

2831 / \$210.00 **\$157.50** *Slick Tracy* grade 6 curriculum

2827 / \$210.00 **\$157.50** *Amazing Alternatives* grade 7 curriculum

2826 / \$210.00 **\$157.50** *Power Lines* grade 8 curriculum

2830 / \$210.00 **\$157.50** *Program Guide*

Your best value!

**Project Northland Classroom Collection only \$344.25**

4323 / \$459.00 **\$344.25**

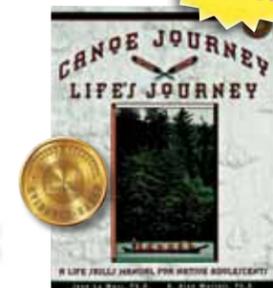
Includes curricula for grades 6-8. ©CD-ROM

**Project Northland Comprehensive Collection only \$446.75**

4324 / \$595.00 **\$446.75**

Includes curricula for grades 6-8 and *Program Guide*. ©CD-ROM

SAVE 50%!



## Canoe Journey—Life's Journey

A Life Skills Manual for Native Adolescents  
by June La Marr, Ph.D. and G. Alan Marlatt, Ph.D.

This comprehensive life skills curriculum helps youth make choices that motivate positive actions while avoiding the hazards of alcohol, tobacco, and other drugs.

4220 / \$129.00 **\$64.50** Includes facilitator's guide with CD-ROM, Softcover, 237 pp. ©CD-ROM

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