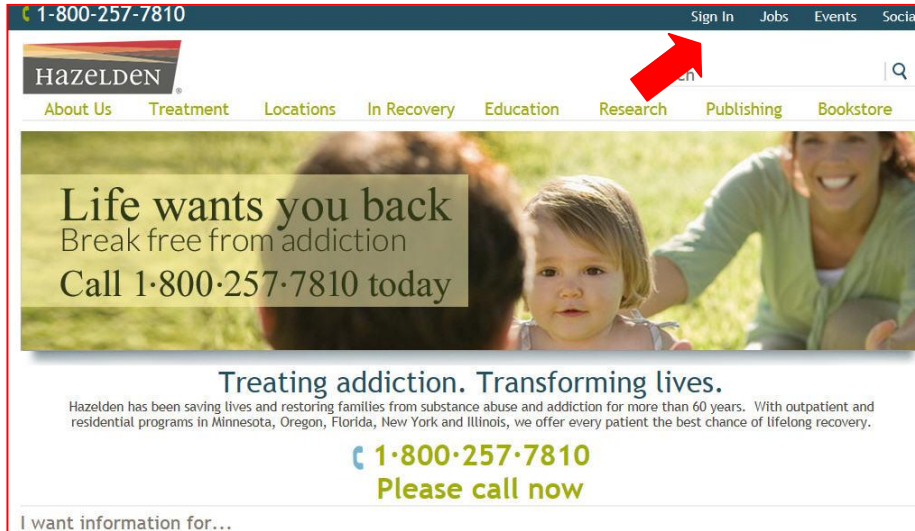
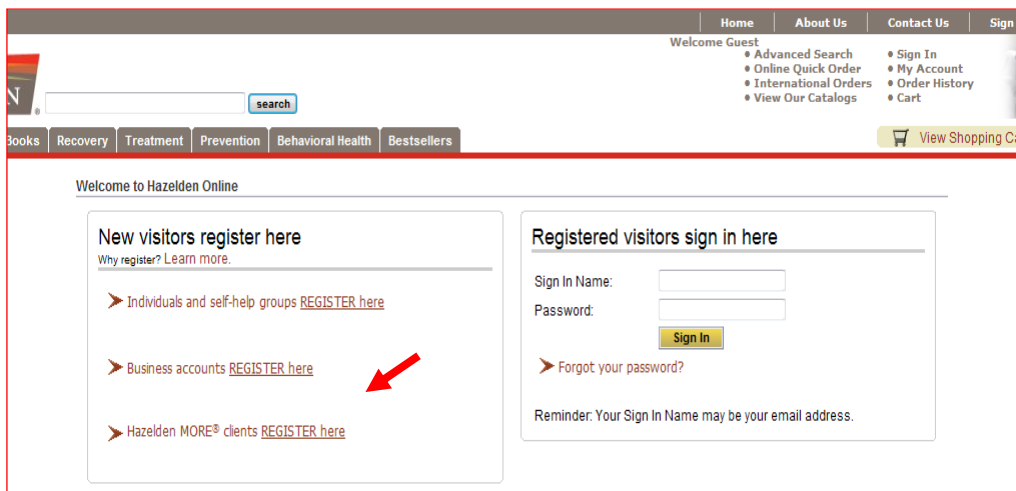

MORE Works

Registration/Navigation Kiosk Packet

HOW TO REGISTER FOR MORE

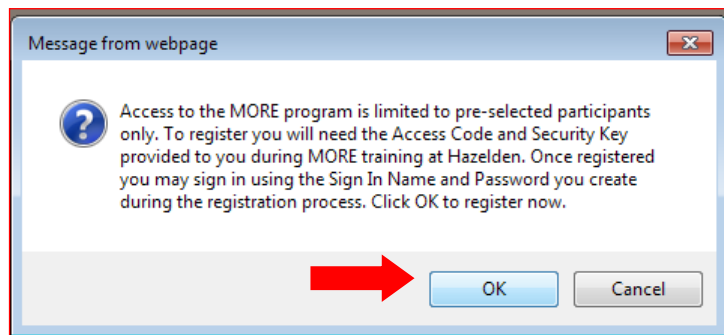


1. Click the **Sign In** link in the upper right corner of Hazelden page.



2. Click **Hazelden MORE Clients Register Here**

3. Click the  button in the message box from webpage.



Hazelden Foundation
Registration/Assessment Navigation Pkt.
MOREWorks

Home About Us
Welcome Guest
• Advanced Search
• Online Quick Order
• International Catalogs
• View Our Catalogs

Hazelden

Bookstore Home eBooks Recovery Treatment Prevention Behavioral Health Bestsellers

Welcome to Hazelden MORE®

Please enter your Access Code and Security Key

Access Code:

Security Key:

Confirm

4. Enter your Access Code into the **Access Code:** field
5. Enter your Security Key into the **Security Key:** field.
6. Click the **Confirm** button.

Home About Us Contact Us Sign Up Site Map
Welcome Guest
• Advanced Search
• Online Quick Order
• International Catalogs
• View Our Catalogs

Hazelden

Bookstore Home eBooks Recovery Treatment Prevention Behavioral Health Bestsellers

Welcome to Hazelden MORE®

Legal Agreement

MORE AGREEMENT

1. Introduction and Agreement. This Agreement is a legal agreement between you, the person using the MORE program, and the Hazelden Foundation (also referred to as "Hazelden," "us," or "we"). Please read this Agreement carefully. By clicking the "I Agree" button when you registered for the MORE program, or by your use or continued use of the MORE program, you agree on behalf of yourself, any person for whom you are acting, and any successors or others who may have rights through you to the terms of this Agreement. Any rights not expressly granted herein are reserved to Hazelden.

If you disagree. If you disagree with one or more of these terms or find them unacceptable in any way, you may not use the MORE program. Once you have agreed, however, your agreement is binding.

2. Updates and Changes. Hazelden reserves the right, in its sole and absolute discretion, to change, modify, update, and interpret this Agreement at any time and you agree to be bound by those changes, modifications, updates and interpretations. Hazelden will notify you in writing, on this or a similar page of the MORE program, or by email or other similar method, of any changes, modifications, updates and interpretations, all of which are effective and binding upon posting of the notice.

3. Term and Termination of Your Right to Use. The period during which you may use the MORE program, and the duration of all licenses granted to you in this Agreement, is referred to as the "Term." The term is twelve (12) months, however Hazelden may automatically extend the term of this Agreement and during which you may use the MORE program for additional terms of 12 months each by continuing to provide you with continuing access to the MORE program. Please note, if you receive access to coaching services in conjunction with the MORE program, the coaching services will only continue for so long as specifically described in a separate document or notice from Hazelden. At the expiration of the term, or the earlier termination of this Agreement for any reason, you must stop using the MORE program and all licenses immediately terminate. The following sections of this Agreement survive expiration or termination of this Agreement for any reason: 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17 and 18.

If you violate any term of this Agreement, your authorization to use the MORE program terminates automatically including all license and rights to use any materials included in the MORE program. You agree that any use of the MORE program (the "MORE program" means, in all cases, all content, technology, software, materials, images or other items within the MORE program) that is not explicitly authorized is a breach of contract, unauthorized access (or access in

SCROLL DOWN

7. On the MORE Agreement page, click the scrollbar to scroll to the bottom of the page.
8. Click the **I Agree** button

interest to you. Hazelden provides these links for your convenience only, we are not responsible for the content of these sites or the programs, agencies, or businesses they describe, or for your dealings with such third parties. Hazelden is not responsible for the content or privacy practices of non-Hazelden websites to which our Web site may link. Please review the privacy policy of such sites before using them.

18. General. If any of the provisions of this Agreement are held unenforceable by a court or other tribunal of competent jurisdiction, then those provisions shall be limited or eliminated to the minimum extent necessary to allow the remainder of this Agreement to retain its full force and effect. This Agreement constitutes the entire Agreement between you and Hazelden applicable to its subject matter. It may not be modified except as described elsewhere in this Agreement. Anything on the Web site inconsistent or in conflict with the terms of this Agreement is superseded by the terms of this Agreement.

You may not assign any rights or obligations under this Agreement without Hazelden's prior written consent. Hazelden may assign all or part of this Agreement.

All sections of this Agreement which, by their nature are designed to survive expiration or termination of this Agreement, including but not limited to indemnity and limitation of liability clauses, shall survive. If any provision of these Terms is found to be invalid by any court having competent jurisdiction, the invalidity of such provision shall not affect the validity of the remaining provisions of these Terms, which shall remain in full force and effect. No waiver of any of these Terms shall be deemed a further or continuing waiver of such term or condition or any other term or condition.

19. Contact Information. You may contact Hazelden at:

Hazelden
PO Box 11
Center City, MN 55012-0011

Email: info@hazelden.org
Phone: 800-257-7810

You agree that we may provide any and all notices to you by e-mail, through the MORE program, telephone, fax, as well as by any other method.

If you believe that any other person using the MORE program has violated any terms in this Agreement, please notify us immediately, specifically identifying the conduct or material at issue.

I Agree I Do Not Agree

Hazelden Foundation
Registration/Assessment Navigation Pkt.
MOREWorks

Hazelden MORE® Registration

* Indicates required field

Create Sign In Name and Password

* Email Address: pinkribbon062012@anntest.net

* Confirm Email Address: pinkribbon062012@anntest.net

* Password: *****

* Confirm Password: *****

⚠ Your Password is case-sensitive and must be at least 6 characters long.

⚠ For this web site to retain your registration information, you must have your browser set to **accept** cookies.

⚠ **Add us to your Safe Senders list:** In order to receive email from us, it is important that you add hazelden.info and hazelden.org to your list of safe senders or our emails may be blocked.

Continue

Step 1. Enter your Email Address and confirm it, this will be your sign in name.
Step 2. Enter and confirm your password. (this must be six characters or more).
Step 3. Click the **Continue** button.

Hazelden MORE® Registration

Please confirm the registration information.

Personal Information

* First Name: 062012PINK

Middle Name: P

* Last Name: RIBBON

Continue

Step 4. Confirm your information is correct. Click **Continue**

Hazelden MORE® Registration

Confirm Or Change Your Address Information

Address 1

911 FLAG STREET
SAINT PAUL
MN
55101
UNITED STATES

Continue

Step 5. Click the **CONTINUE** button to confirm your address

Hazelden Foundation
Registration/Assessment Navigation Pkt.
Registration
MOREWorks

Hazelden MORE® Registration

My Hazelden MORE Contact Information

Email

I want to receive automated email messages

Email Address: PINKRIBBON062012@ANNTEST.NET

Confirm Email Address: PINKRIBBON062012@ANNTEST.NET

Telephone

Home Phone: () - Ext.

Work Phone: (888) 222 - 0341 Ext.

Call me at: Home Work

I prefer to be called between: 8:00 AM - 4:00 PM

Time Zone: CST - Central Standard Time

Postal Address

I want to receive additional MORE® information by postal mail

MORE® Mailing Address: 911 FLAG STREET
SAINT PAUL, MN 55101
UNITED STATES

Continue

1. Enter your **MORE Contact information**
2. Click the **Continue** **Continue** button.

Sign up to receive Today's Gift daily inspirations

Today's Gift is a free email service of the Hazelden web site through which an uplifting, thought-provoking, self-esteem-building message is sent daily to those who subscribe.

Once subscribed, you will begin receiving our emails the very next day.

IMPORTANT: Spam filters may prevent our emails from reaching you. You can ensure delivery of Hazelden emails by adding the domains of hazelden.info and hazelden.org to your address book or list of safe senders. Today's Gift emails are sent from the specific address of: todaysgift@hazelden.info.

Check the box below to subscribe.

Send me Hazelden's free inspirational e-mail in my inbox every morning.

Finish

1. Click the **Send me Hazelden's free inspirational e-mail in my inbox every morning** option to register for Today's Gift.
2. Click the **Finish** button

1. Start Module 1 Assessment

My Home Recovery Modules Workbook Commitments Journal Library Serenity Fellowship

Welcome 062012pink,

Welcome to the **MORE** Program! Based on your needs and the latest in recovery research, your **MORE** program will provide you with some great tools, resources, and information to help you as you start on your recovery journey.

Start Module 1 Assessment

MORE Training

2. Complete all questions in each section of the assessment

The screenshot shows the 'RECOVERY MODULES' interface. A blue banner at the top reads 'RECOVERY MODULES'. Below it is a navigation bar with links: My Home, Recovery Modules, Workbook, Commitments, Journal, Library, Serenity, Fellowship. A central blue box says 'Complete all sections of the assessment!'. Below this is a row of tabs: Early Recovery (highlighted), Twelve Step Work, Support Network, Balanced Lifestyle, About You. On the left, a text box says: 'You have just begun your recovery journey. Part of taking good care of ourselves during early recovery involves thinking and planning for our well-being.' Below this is a link for 'Assessment Help'. The main content area is titled 'Starting Early Recovery' and contains a paragraph: 'As you start early recovery, it is helpful to think about how you will handle difficult situations that might arise so you can be equipped with the skills and resources when you need them. The following questions will help us provide you with the right resources and information to plan for any difficult situations you may face.' This is followed by a question: 'What are your biggest fears about early recovery? Select all that apply.' with a list of checkboxes: Returning to chemical use, Facing friends and family whom I have hurt, Seeing people I used to drink and/or use with, Dealing with situations where I used to drink and/or use, Going back to work, Not having support, Going to AA, NA, or other Twelve Step meetings, Dealing with the stigma of having this disease, Dealing with responsibilities that I have been avoiding. At the bottom, another paragraph states: 'In order to support your ongoing recovery, it is helpful to know the types of situations that make it difficult to maintain total abstinence. The next set of statements cover a variety of situations. Choose the response that best describes the feelings of temptation to drink or use in each situation that you may have when you return home.'

3. Click Submit Assessment

The screenshot shows the completion page. At the top, it says 'RECOVERY MODULES'. The navigation bar is the same as in the previous screenshot. The main heading is 'You are all set for now...'. Below this is a paragraph: 'Thank you for completing your first assessment. If you wish to review or change your responses for any of the sections below, please click the section name. Once you submit your assessment, you will not be able to change your responses.' A light blue box titled 'Sections' contains links for: Early Recovery, Twelve Step Work, Support Network, Balanced Lifestyle, About You. Below this is another paragraph: 'When you are ready, please submit your assessment so that we can start to develop the first MORE Recovery Module called "A New Beginning," around your unique needs. This module will be available to you on the day you told us you will be leaving treatment.' The final paragraph says: 'Please click "Submit Assessment" below to begin processing your responses to create your first personalized Recovery Module.' At the bottom, a red arrow points to a 'Submit Assessment' button.

ASSESSMENT SUMMARY: Once you submit your assessment, you will see a quick snap shot of your progress in some key areas of recovery.

Assessment Summary

- 1: Grounding Yourself
- 2: Checking Your Reality
- 3: Sticking with It
- 4: Creating Routines
- Progress Check

In June, we are really glad you are here. With the information you provided us, we have carefully prepared your **MORE** program to make the most of your high level of motivation to stay sober one day at a time. Based on your needs and the latest in recovery research, we have put together some great tools, resources, and information to help you as you start on your new beginning.

It can be frightening to go on the journey of early recovery. You told us that facing friends and family you have hurt and being around people you used to drink or take drugs with are among the things which you were most worried about. **You are not alone.** The sidebar at the right shows what other **MORE** participants were afraid of as they were starting early recovery.

During the course of your experience with the **MORE** program, we will be asking you questions to see how you are doing in six key areas of recovery. To see how you are doing right now, go to the [Assessment Summary](#).

Module One: "A New Beginning"

- [Assessment Summary](#)
Take a look at your Assessment Summary to get a quick snapshot of your progress in some key areas of recovery.
- **Section 1: [Grounding Yourself](#)**
Begin building a stable lifestyle that

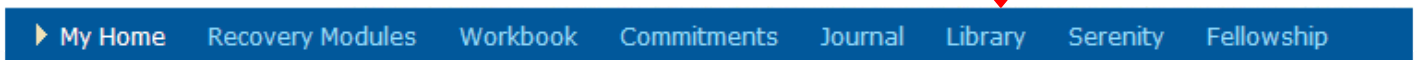
Fears

We asked other **MORE** participants about what they were most afraid of. How do their fears match up with your own?

- Returning to chemical use:** 66%
- Being in risky situations:** 57%
- Dealing with responsibilities:** 41%
- Facing loved ones:** 37%
- Dealing with the stigma of being an addict:** 31%
- Being around people who use:** 30%
- Going back to work:** 29%
- Going to 12 Step meetings:** 21%
- Not having support:** 13%

The Learning Packet on the following page will teach you to navigate through some of the features on the MORE blue task bar. **(Please allow 10 minutes to complete the navigation activities on the following page)**

Scroll to the top of the page and click on the MORE Library.



LEARNING PACKET ONE



► My Home Recovery Modules Workbook Commitments Journal **Library** Serenity Fellowship

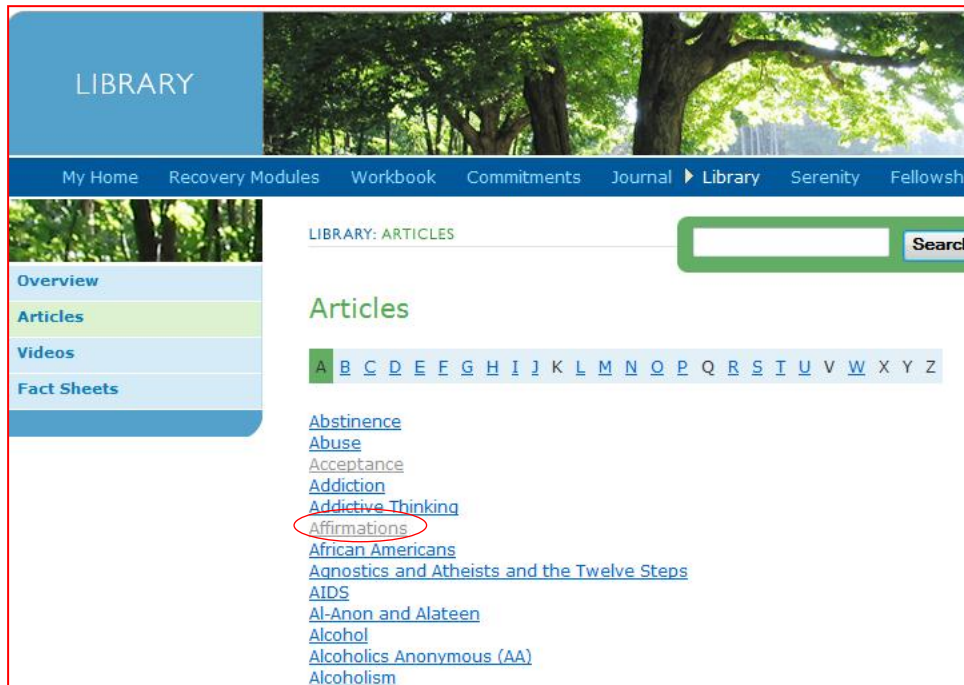
Click Library on the blue task bar. The **MORE** Library is a great place to dive deeper into the recovery topics you're most interested in. There are over 160 articles listed in alphabetical order, Videos and Fact sheets about recovery.

Library Activity

1. Click on **Articles**

The screenshot shows the MORE Library website. At the top, there is a navigation bar with links: My Home, Recovery Modules, Workbook, Commitments, Journal, **Library**, Serenity, and Fellowship. Below the navigation bar is a search bar with a 'Search' button. On the left side, there is a sidebar with a menu: Overview, **Articles**, Videos, and Fact Sheets. The main content area is titled 'LIBRARY: OVERVIEW' and contains an 'Overview' section. The 'Overview' section includes a paragraph: 'Whether you're looking for information on addiction, working the Twelve Steps, or helping to educate family or friends, the **MORE** library is a great place to start.' Below this, it says: 'Click on one of the links below, or just enter a keyword into the search box above to begin.' There are three categories listed: 'Articles', 'Videos', and 'Fact Sheets'. The 'Articles' category is circled in red. The 'Articles' description says: 'The **MORE** library is a great place to dive deeper into the recovery topics you're most interested in. Print an article or two and share them with others who may want to learn more about your recovery.' The 'Videos' description says: 'Sometimes it helps to hear the stories of others who have walked in our shoes. Explore interviews, testimonies, and techniques that can aid in your recovery.' The 'Fact Sheets' description says: 'Fact sheets offer high-level information about a variety of topics. If you or your family needs to learn about a topic quickly, a fact sheet may be a great place to start.'

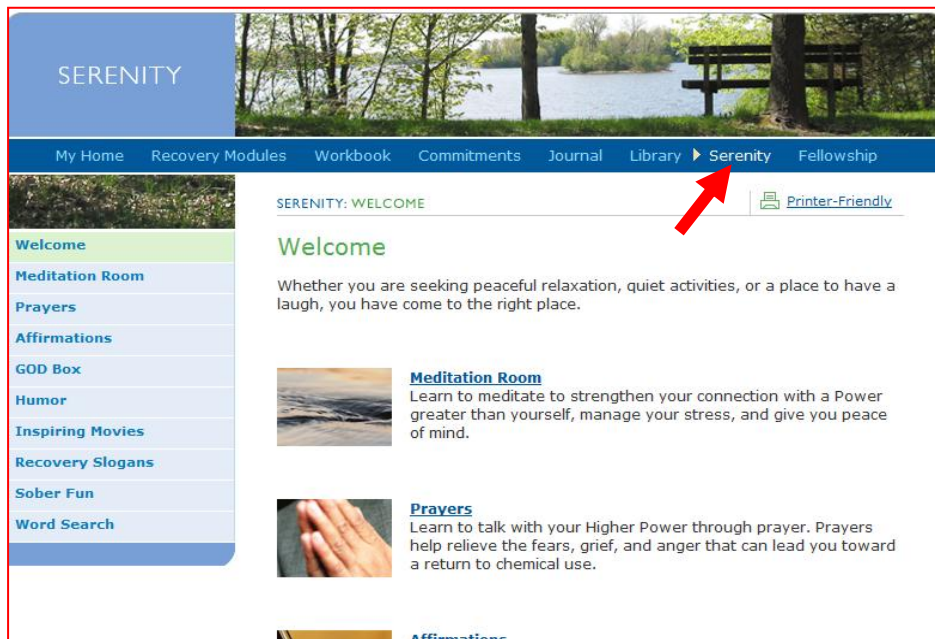
2. Choose the article, “**Affirmations.**”



Affirmations are an essential part of your ongoing recovery. Affirmations are a way to change the messages of self-talk from negative to positive by retraining your mind. You will learn to replace the negative messages you tell yourself with positive messages.

Serenity Activity

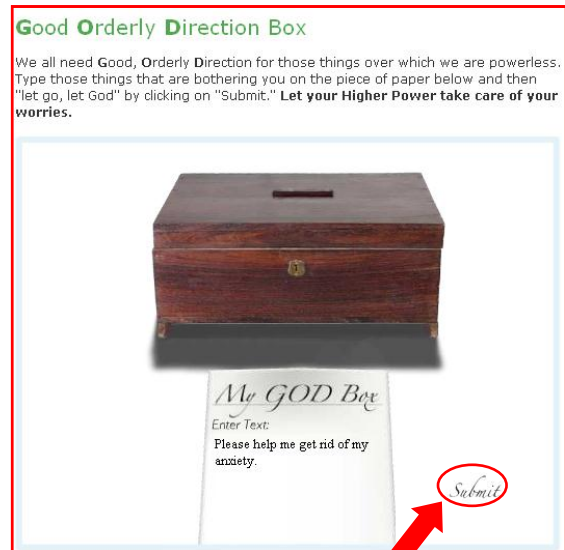
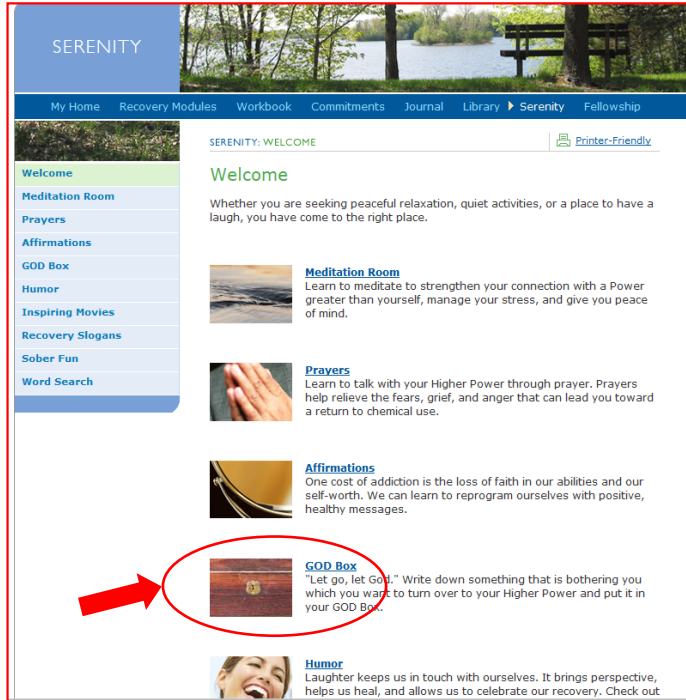
3. Click **Serenity** on the blue task bar. Today, we are going to practice “Letting go of” three negative self-talk messages by turning them over to our higher power and submitting them into the **God Box** on the next page.



Hazelden Foundation
 Registration/Assessment Navigation Pkt.
 MORE Works

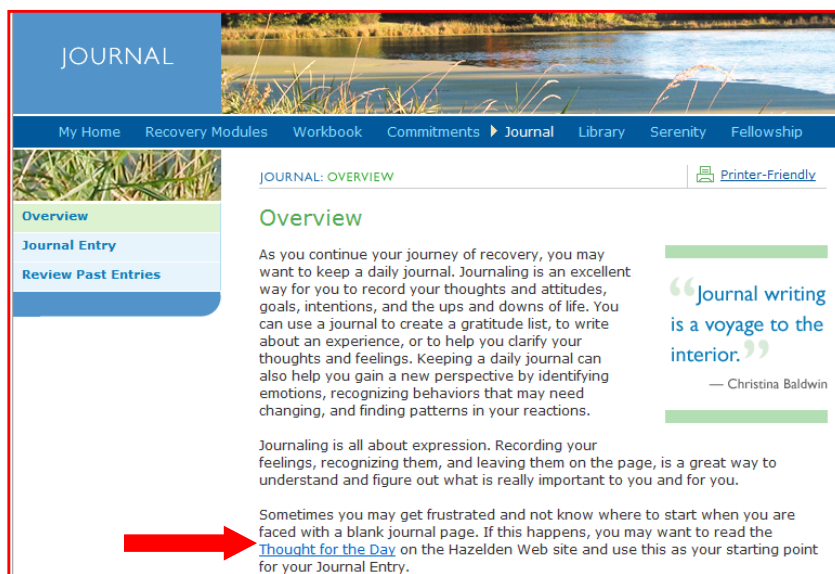
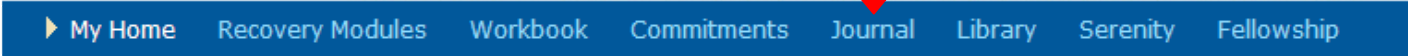
1. Click the **God Box**. This can be defined as “**Good Orderly Direction.**”

2. Put your cursor directly below the words, “Enter Text.” Type in your messages, **Click Submit**, and let them go.



JOURNAL ACTIVITY

1. Click on the **Journal**-Journaling helps you gain perspective, reflection, and sense of well being. Journaling is an excellent way to record your thoughts and attitudes, goals, intentions, and the ups and downs of life.
2. In the third paragraph, click on [Thought for Today](#)

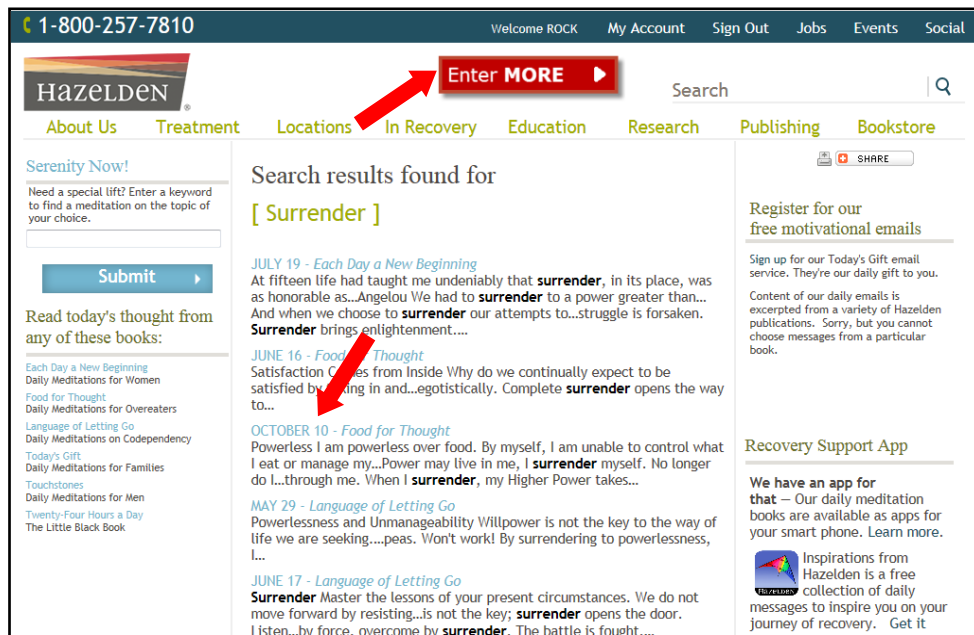


Hazelden Foundation
 Registration/Assessment Navigation Pkt.
 MOREWorks

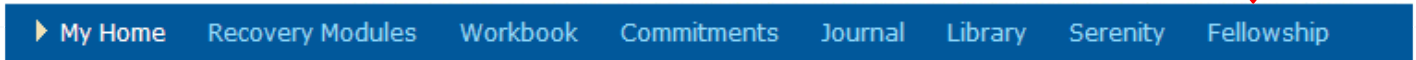
- When the page refreshes you will see a list of Hazelden’s Meditation books. In the upper left, under **Serenity Now!** type in the word “**Surrender**” in the blank search box. Click **SUBMIT**



- You will see all the references to **Surrender** - this can be very helpful if you are struggling, as well as comforting. To return to your MORE Program, click the red **ENTER MORE** tab.



Click **Fellowship** on the right side of the blue task bar

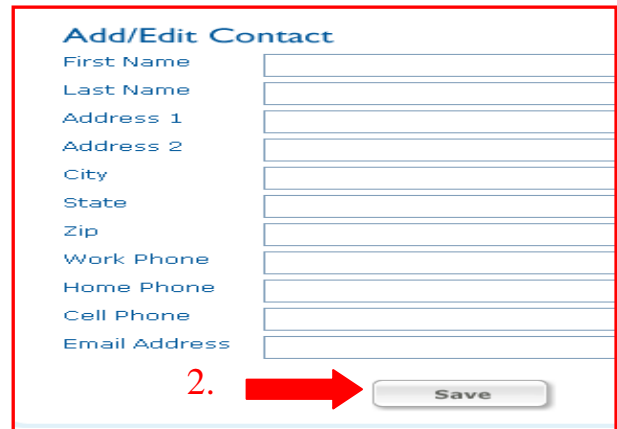
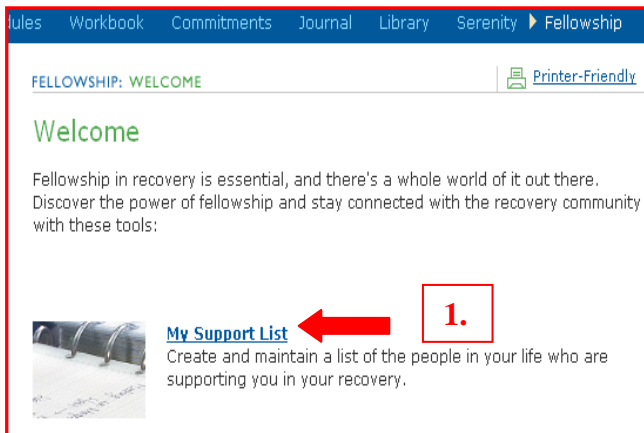


ACTIVITY: Add your MORE **Recovery Coach** information to your Support List

1. Click on **My Support List**.

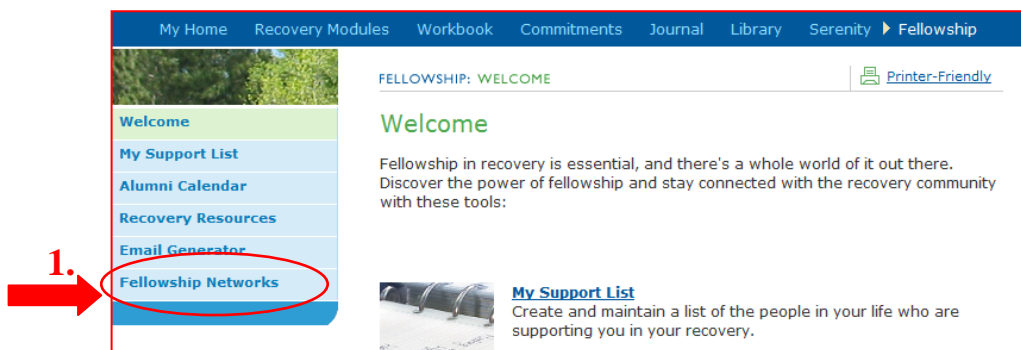
This is a contact list to add the names and numbers of those people who will be supportive of your recovery. (eg. sponsor, family, AA/NA group members, peers on the unit.)

2. Scroll **down** to (Add/Edit contacts) and next to First Name type in "Recovery Coach/ Trainer." Next to **Work Phone** type in the Hazelden MORE number1- 866-355-6673. Click **SAVE**.



ACTIVITY: Register for the Hazelden Alumni Network

1. Click on **Fellowship Networks**



2. Click on the tab **Go to Hazelden's Social Community**



3. Click the **Register or Sign in** link on the (left) side of the page (**Hazelden Alumni Network**)

FELLOWSHIP SHARE

Find support, fellowship, and friends in recovery 24/7 by taking part in Hazelden's social communities.

Hazelden Alumni Network
MORE program participants are eligible to become members of Hazelden's Alumni Network - a closed community available only to alumni of Hazelden's programs.

- Take part in online meetings
- Find treatment peers
- Participate in discussions
- Listen to Hazelden Lectures on podcast

Register or Sign In

Hazelden's Social Community
Interact with thousands of others who are maintaining, or seeking, lives free from addiction. Access chats, online meetings, and discussion boards that address your specific areas of interest any day, any time, from anywhere. You control your anonymity settings.

Register or Sign In

4. Go to the right side of the page and click on **Click here to join**

Sign In to HazeldenAlumni New? **Click here to join**

Email Address

Password

Sign In

[Forgot your password?](#)

About HazeldenAlumni
HazeldenAlumni is a social network

5. Apply for Hazelden Alumni Membership.

1. Enter your personal information in the fields provided.
2. Click **Sign Up** (Your Sign in Name will be your e-mail address).
3. Write your sign in Name and Password on the card provided by staff.

Sign Up for HazeldenAlumni Apply for membership now. If you're already a member, [sign in](#).

Create a new account...

Email Address

Password

Retype Password

Birthdate
Month Day Year

This network is for alumni of what organization?

Sign Up

About HazeldenAlumni
HazeldenAlumni is a social network

6. Create your profile by entering your personal information in the fields

This section you will need to enter your first and last name and it will not be shared.

Note* United States is at the top of the list.

Create Profile on HazeldenAlumni
Almost there! Just tell us a bit more about yourself.
🔒 indicates answers are only visible to administrators

Your Name (You may choose to use First Name, Last Initial or First Name, Last Name) * This section is visible to others.

Gender
 Male Female Don't Display

What is your first and last name? (will not be shown or shared, and is for verification only) * 🔒

What is your date of birth? * 🔒

August 02 1976

Country
United States

Zip Code
55045
Only your city will be displayed, not your zip code.

City, State
Lindstrom, MN

Where was your Hazelden experience?

Minnesota Saint Paul Plymouth Oregon New York
 Naples Chicago

What Hazelden program did you attend? *

Primary Treatment Halfway House Family
 Intensive Outpatient Continuing Care Extended Care
 Renewal Center Day Treatment Outpatient
 MORE Recovery Coach Employee

If you received primary treatment at Hazelden- what was your unit?

Tiebout Lilly Simmons Dia Linn Simpson
 Promises Cronin Shoemaker Silkworth Jellinek
 Springbrook Men Springbrook Women Naples
 Not Applicable

When was your Hazelden experience?

My sobriety date is:

February 22 2013

My Story:
YOU DO NOT NEED TO FILL IN YOUR STORY TODAY.

By signing up, you agree to the [Terms of Service](#).

Your membership to HazeldenAlumni is pending approval
Hello, rocky
Your profile details must be approved by the Administrator before you can become a member of HazeldenAlumni. You will receive an email once your profile is approved. (Withdraw Request)

You will be approved shortly.