

## MORE® Program Task List

This task list is provided to help you stay organized as you – register, learn the features of the MORE® Program and its navigation. We provide suggested guidelines and timelines, however you can work at your own pace and within the framework of your schedule. You may wish to print this document and mark off each task you have completed.

**Day 1 Suggestions:** Please allow 45 minutes to register and complete Assessment 1 and to watch the MORE® Program Introduction Video

\_\_\_\_\_ Familiarize yourself with the MORE® Works web page and create a web bookmark so you can access this site more easily

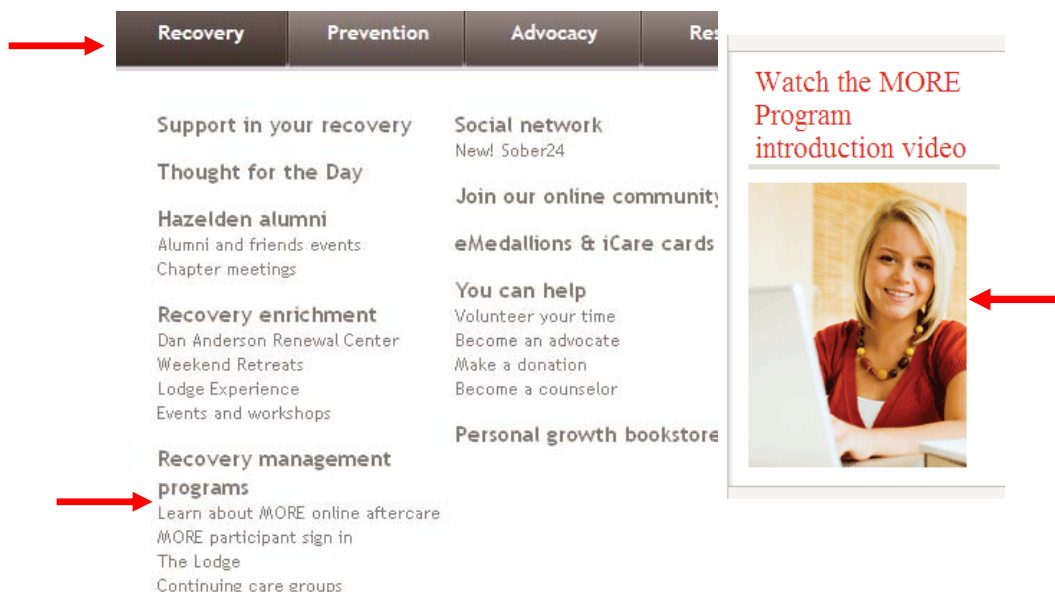
\_\_\_\_\_ Read “Tips for a Successful Learning Environment.”

\_\_\_\_\_ Follow instructions on the MORE® Registration/Assessment Process document

\_\_\_\_\_ Take Assessment 1

**IMPORTANT:** You must register and complete Assessment 1 to receive your first Recovery Coach call. If you delay this starting task, you may not get a full 18 months of the program.

\_\_\_\_\_ Click on the brown menu tab at the top of the page labeled **Recovery** and scroll to **Recovery Management Programs, Learn about MORE online Aftercare**. Click on the photo of the woman to watch the MORE® Program Introduction Video



**Day 2 Suggestions:** Please allow 15 minutes to complete **Learning Packet One**. You will learn how to navigate through some of the features of MORE®

\_\_\_\_\_ Go to [www.hazelden.org/moreworks](http://www.hazelden.org/moreworks)

\_\_\_\_\_ Open and complete Learning Packet One-it may be helpful to print this packet.

**Day 3 Suggestions:** Please allow 45 minutes to 1 hour to complete Learning Packet Two.

\_\_\_\_\_ Go to the MORE® web page [www.hazelden.org/moreworks](http://www.hazelden.org/moreworks)

\_\_\_\_\_ Open and complete **Learning Packet Two**.

**Great job completing your Task List! If you have questions, call us at the MORE® phone number 1-866-355-6673, Monday through Friday, during business hours, Central Standard Time. We hope you enjoy working the MORE® Program!**