

# Olweus Bullying Prevention Program Benefits

The *Olweus Bullying Prevention Program* is called “evidence-based,” because it is backed by 35 years of research, with outcomes that have been replicated in many settings, showing:

- Twenty to 70 percent reduction in student reports of being bullied and bullying others. Peer and teacher ratings of bullying problems have yielded similar results.
- Significant reductions in student reports of general antisocial behavior such as vandalism, fighting, theft, and truancy.
- Significant improvements in the classroom social climate as reflected in students’ reports of improved order and discipline, more positive social relationships, and more positive attitudes toward schoolwork and school.
- Greater support for students who are bullied, and stronger, more effective interventions for students who bully.
- It’s a schoolwide program designed to prevent or reduce bullying throughout a school setting.
- A step-by-step guide assists in implementing the program.
- The Teacher Guide provides strategies for classroom implementation with practical tools for teachers’ use.
- Recognized by Blueprints for Violence Prevention as a model program, and by the U.S. Department of Education as a Level 2 Program. It is also recognized by the Substance Abuse and Mental Health Services Administration as a Model Program and by the Office of Juvenile Justice and Delinquency Prevention as an Effective Program.
- Multi-component approach addresses bullying at the schoolwide, classroom, individual, and community levels, with a strong parent component as well.

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