

Introduction to the Bullying Prevention Toolkit for Parents

Dear Parents/Guardians,

This Bullying Prevention Toolkit for Parents is designed to help you talk about bullying with your child and to advocate for bullying prevention efforts at your child's school. Parents can play an important role in addressing this serious issue that affects many children and teens.

TIPS FOR HELPING YOUR CHILD WITH BULLYING

- What Is Bullying?
- Tips for Parents:
What to Do If Your Child Is Being Bullied
- Tips for Parents:
What to Do If Your Child Bullies Others
- Tips for Parents:
What to Do If Your Child Witnesses Bullying
- What Can Parents Do to Prevent and Address Cyber-Bullying?
- How to Talk with Educators at Your Child's School about Bullying: Tips for Parents of Bullied Students

ADVOCATE FOR A BULLYING PREVENTION PROGRAM AT YOUR SCHOOL

- How Can You Advocate for a Bullying Prevention Program in Your Child's School?

Plan to read through the following fact sheets and share them with your school administration or PTA/PTO organization:

- What Should Schools Look For in a Bullying Prevention Program?
- Steps to Address Bullying at Your School: Tips for School Administrators
- Introducing the *Olweus Bullying Prevention Program*

All the resources in this Bullying Prevention Toolkit for Parents can be downloaded and photocopied for individual use.

Hazelden Publishing is the leading publisher of research-based prevention resources. We are the publisher of the *Olweus Bullying Prevention Program*, the most researched and best-known bullying prevention program available today. For more information about this program, visit www.hazelden.org/olweus or call 1-800-328-9000.

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