

Parent Program Schedule

Sunday

1:00 p.m. - 2:15 p.m.	Welcome and introductions Orientation to Parent Program
2:15 p.m. - 2:30 p.m.	Break
2:30 p.m. - 4:30 p.m.	The disease of addiction
4:30 p.m. - 5:15 p.m.	Visiting with son or daughter in cafeteria
5:30 p.m. - 6:00 p.m.	Tour of Hazelden's Center for Youth and Families
6:00 p.m. - 6:30 p.m.	Conclusion of disease of addiction
6:30 p.m.	Parents are free for the evening. We highly recommend that parents arrange to have dinner with other Parent Program participants. We have provided information on local Al-Anon and Families Anonymous meetings. Attendance of at least one of these meetings is encouraged during your stay.

Monday

8:00 a.m. - 8:30 a.m.	Possible individual appointment
8:30 a.m. - 8:55 a.m.	Co-occurring disorders video
9:00 a.m. - 10:00 a.m.	Process group
10:00 a.m. - 10:30 a.m.	Break or individual appointment
10:30 a.m. - 12:00 p.m.	Addiction: the impact on developmental tasks
12:00 p.m. - 12:30 p.m.	Addiction: the impact on the whole family
12:30 p.m. - 1:30 p.m.	Lunch in cafeteria with Parent Program participants
1:00 p.m. - 1:30 p.m.	Possible individual appointment
1:30 p.m. - 3:00 p.m.	Family disease and family recovery
3:00 p.m. - 3:30 p.m.	Break or individual appointment
3:30 p.m. - 4:30 p.m.	Family recovery I
4:30 p.m. - 5:00 p.m.	Visiting with son or daughter in cafeteria
5:00 p.m. - 5:30 p.m.	Possible individual appointment

If no appointment, parents are free for the evening.
Options include dinner with other Parent Program participants and/or attending an Al-Anon meeting

7:00 p.m.	Al-Anon Meeting Oak Knoll Lutheran Church, Rm. 167 (R door, W end of church) 600 County Road 73 Minnetonka
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Tuesday

8:00 a.m. - 8:55 a.m.	Co-occurring disorders discussion with a mental health professional
9:00 a.m. - 10:00 a.m.	Process group
10:00 a.m. - 10:30 a.m.	Break or individual appointment
10:30 a.m. - 12:10 p.m.	Boundaries: parenting an addicted young person
12:10 p.m. - 12:30 p.m.	Family conference preparation and role plays
12:30 p.m. - 1:30 p.m.	Lunch in cafeteria with son or daughter
1:00 p.m. - 1:30 p.m.	Possible individual appointment
1:30 p.m. - 2:30 p.m.	Relapse prevention video and worksheet with son or daughter
2:30 p.m. - 3:00 p.m.	Break or individual appointment
3:00 p.m. - 4:30 p.m.	Family recovery II
3:00 p.m. - 4:30 p.m.	Possible family conference
4:30 p.m. - 5:00 p.m.	Visiting with son or daughter in cafeteria
5:00 p.m. - 5:30 p.m.	Possible individual appointment
	If no appointment, parents are free for the evening. Options include dinner with other Parent Program participants and/or attending an Al-Anon meeting
7:30 p.m.	Al-Anon Meeting Hope for Parents Calvary Lutheran Church 7520 Golden Valley Road Golden Valley

Wednesday

8:00 a.m. - 8:30 a.m.	Possible individual appointment
8:30 a.m. - 9:00 a.m.	Possible individual appointment
9:00 a.m. - 10:30 a.m.	Family conference or recovery stories
10:30 a.m. - 12:00 p.m.	Family conference or recovery stories
12:00 p.m. - 12:30 p.m.	Break (book orders ready for pick up)
12:30 p.m. - 1:00 p.m.	Lunch in cafeteria with Parent Program participants
1:00 p.m. - 2:30 p.m.	Family conference or process group
2:30 p.m. - 3:00 p.m.	Break and viewpoint surveys
3:00 p.m. - 4:30 p.m.	Closing ceremony
4:30 p.m. - 7:30 p.m.	Parent pass

Schedule Notes:

- If you are scheduled for a family conference on Tuesday from 4:00 p.m. to 5:30 p.m., you will hear two different recovery stories on Wednesday at 9:00 a.m. and at 10:30 a.m.
- **Parent Pass** – If your Parent Pass is scheduled for any time other than Wednesday, the family conference will be the last time you will spend with your son or daughter while participating in the Parent Program.
- **Recovery Stories** – Hazelden emphasizes the confidentiality of all participants. The people who present their stories are either Hazelden volunteers or patients from the Extended Care program. They are not professional speakers and they reserve the right not to respond to questions they feel uncomfortable answering.
- **Process group** – Parents will discuss their family conference with other Parent Program participants.
- **Closing ceremony** – The closing ceremony acknowledges your participation in the Parent Program and provides an opportunity for group members to say goodbye at the end of the program.