

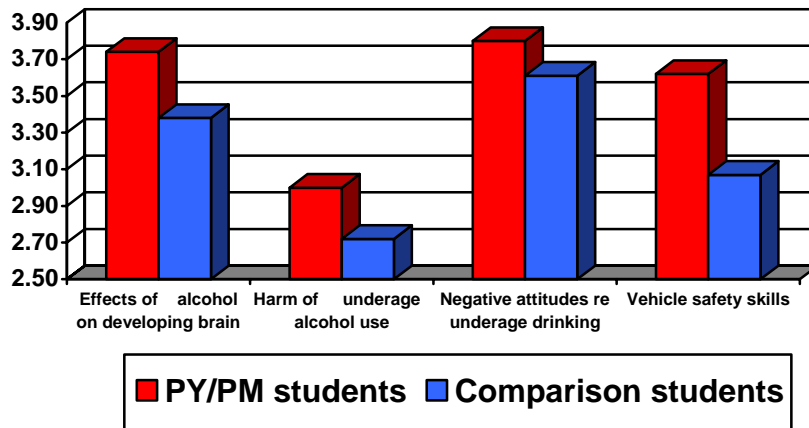
# Protecting You / Protecting Me

## Evaluation of Adult-Led *PY/PM*

The Bell Group, Austin, TX

### Effects of *PY/PM*

- *PY/PM* students gain knowledge about the developing brain and the effects of alcohol.
- *PY/PM* students change their attitudes toward underage drinking.
- *PY/PM* students gain skills and change their behavior regarding riding with a driver who has been drinking.

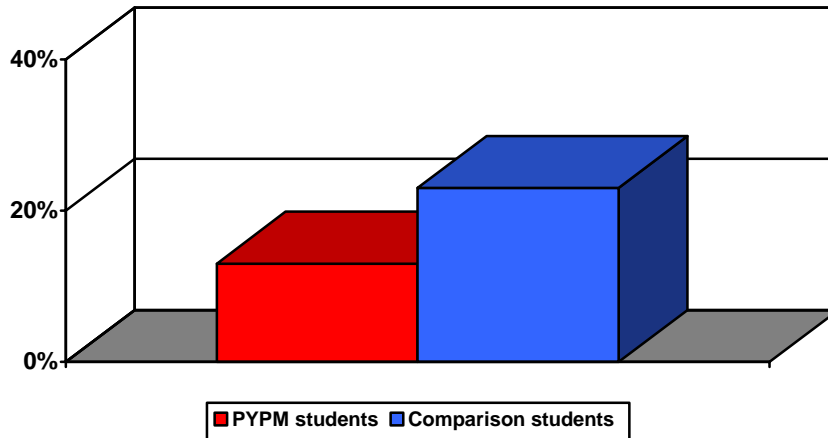


***PY/PM* students make significant gains**

Note: Average post-test scores for grade 5 students. Scores ranged from 1 to 4 with 4 being desired response.

# Protecting You / Protecting Me

## ***PY/PM* students are less likely to ride with a drinking driver**



Note: Percent of students who reported riding in past 30 days at post-test with a driver who had had alcohol.

### ***PY/PM* Students Learn:**

- Drinking alcohol changes how the brain works.
- Drinking alcohol even in small amounts is not okay for people under 21.
- People under 21 years of age risk harming themselves if they drink alcohol.
- They should sit in the backseat and not talk to the driver, if they ever have to ride with a driver who has been drinking.

### **After taking *PY/PM*, students are less likely to:**

- Ride in a car with a driver who has been drinking.
- Plan to drink alcohol in the future.