

*Protecting You / Protecting Me:
An Alcohol Use Prevention Program*

State Graduation Standards

FLORIDA

These lessons in each grade level meet the following Florida Educational Standards:

GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5
Lesson 1 Theme: Our Brain				
<p style="text-align: center;">Our Brain Is the Boss</p> <p>Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Science: Process of Life: 1, 2; Nature of Science: 1, 2; Envir.: 1, 2. Art.</p>	<p style="text-align: center;">Our Brain and the Rest of Our Body: Working Together</p> <p>Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Science: Process of Life: 1, 2; Nature of Science: 1, 2; Envir.: 1, 2. Art.</p>	<p style="text-align: center;">Brain Talk</p> <p>Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/ Viewing/Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3. Art.</p>	<p style="text-align: center;">Brain Talk</p> <p>Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/ Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3.</p>	<p style="text-align: center;">Our Human Brain</p> <p>Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/ Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3.</p>
Lesson 2 Theme: Growth and Development				
<p style="text-align: center;">When Will I Be a Grown-Up?</p> <p>Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Science: Process of Life: 1, 2; Nature of Science: 1, 2; Envir.: 1, 2. Math.</p>	<p style="text-align: center;">Growing Up and Grown Up</p> <p>Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Science: Process of Life: 1, 2; Nature of Science: 1, 2; Envir.: 1, 2. Social Studies: Civics/Govt: 1, 2. Art.</p>	<p style="text-align: center;">Growing and Changing!</p> <p>Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/ Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3. Social Studies: Civics/Govt: 1, 2.</p>	<p style="text-align: center;">Stages of Life</p> <p>Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/ Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3. Social Studies: Civics/Govt: 1, 2.</p>	<p style="text-align: center;">Don't Mess with My Mind</p> <p>Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/ Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3. Social Studies: Civics/Govt: 1, 2.</p>

GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5
Lesson 3 Theme: Health and Safety				
I Don't Trust My Life to Luck Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Social Studies: Civics/Govt.: 1, 2.	Keeping My Brain Inside! Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Science: Process of Life: 1, 2; Nature of Science: 1, 2; Envir.: 1, 2. Social Studies: Civics/Govt: 1, 2. Art.	Dealing with Feelings Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/ Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3. Social Studies: Civics/Govt: 1, 2.	Stress Management: Fearless Tests Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3.	Stress Management Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/ Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3.
Lesson 4 Theme: Rules and Laws				
Reasons for Rules and Laws Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Social Studies: Civics/Govt.: 1, 2.	Reasons for Rules and Laws Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Social Studies: Civics/Govt: 1, 2. Art.	Five Rules for Taming Our Uncomfortable Emotions Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/ Speaking: 1-3. Social Studies: Civics/Govt: 1, 2.	Taking a Stand on Drunk Driving Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/ Speaking: 1-3. Social Studies: Civics/Govt: 1, 2.	Warning Labels for People Under 21 Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/ Speaking: 1-3. Social Studies: Civics/Govt: 1, 2.

GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5
Lesson 5 Theme: Friends				
Being Friendly	Ready to Be a Friend	Showing Respect	Choosing Friends	Helping Friends
Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Social Studies: Civics/Govt.: 1, 2.	Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Social Studies: Civics/Govt: 1, 2.	Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Social Studies: Civics/Govt: 1, 2.	Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Social Studies: Civics/Govt: 1, 2.	Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Social Studies: Civics/Govt: 1, 2.
Lesson 6 Theme: Choices and Decisions				
Stop and Think It Through	Stop and Think It Through	Saying No Using the Five Bs	Decisions That Count: The Five Bs	The Power of Positive Decisions
Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Social Studies: Civics/Govt.: 1, 2.	Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Social Studies: Civics/Govt: 1, 2.	Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Social Studies: Civics/Govt: 1, 2.	Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Social Studies: Civics/Govt: 1, 2.	Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Social Studies: Civics/Govt: 1, 2.

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Lesson 7 Theme: Media Awareness				
Maggie and the Medicine Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Science: Process of Life: 1, 2; Nature of Science: 1, 2.	Warning Labels: What Commercials Don't Tell Us Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Science: Process of Life: 1, 2; Nature of Science: 1, 2.	Getting the Word Out: What Commercials Don't Tell Us Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3 Social Studies: Civics/Govt: 1, 2.	Slogans Can Teach Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3. Social Studies: Civics/Govt: 1, 2.	The Rest of the Story Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3. Social Studies: Civics/Govt: 1, 2.
Lesson 8 Theme: Communication				
Only Safe Drivers Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Social Studies: Civics/Govt.: 1, 2.	The Very Scary Ride Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 1, 2; Listening: 1-3; Language: 1, 2; Literature: 1, 2. Social Studies: Civics/Govt: 1, 2. Art.	A Very Dangerous Ride Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Social Studies: Civics/Govt: 1, 2	Only Safe Drivers Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Social Studies: Civics/Govt: 1, 2.	We've Got It! Health: Health Literacy: 1, 2; Resp. Behavior: 1-3; Healthy Living: 1, 2. Language Arts: Reading: 1, 2; Writing: 2; Listening/Viewing/Speaking: 1-3. Science: Process of Life: 1, 2; Nature of Science: 1-3. Social Studies: Civics/Govt: 1, 2.