

*Protecting You / Protecting Me:
An Alcohol Use Prevention Program*

State Graduation Standards

OHIO

These lessons in each grade level meet the following Ohio Educational Standards:

| GRADE 1 | GRADE 2 | GRADE 3 | GRADE 4 | GRADE 5 |
|---|--|---|--|---|
| Lesson 1 Theme: Our Brain | | | | |
| Our Brain Is the Boss Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Art. | Our Brain and the Rest of Our Body: Working Together Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Art. | Brain Talk Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Art. | Brain Talk Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. | Our Human Brain Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. |
| Lesson 2 Theme: Growth and Development | | | | |
| When Will I Be a Grown-Up? Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Math . | Growing Up and Grown Up Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods. Art. | Growing and Changing! Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods. | Stages of Life Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods. | Don't Mess with My Mind Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods. |
| Lesson 3 Theme: Health and Safety | | | | |
| I Don't Trust My Life to Luck Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods. | Keeping My Brain Inside! Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods. Art. | Dealing with Feelings Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods. | Stress Management: Fearless Tests Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. | Stress Management Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. |

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|---|--|---|--|---|
| Lesson 4 Theme: Rules and Laws | | | | |
| <p style="text-align: center;">Reasons for Rules and Laws</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Reasons for Rules and Laws</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods. Art.</p> | <p style="text-align: center;">Five Rules for Taming Our Uncomfortable Emotions</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Taking a Stand on Drunk Driving</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Warning Labels for People Under 21</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> |
| Lesson 5 Theme: Friends | | | | |
| <p style="text-align: center;">Being Friendly</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods</p> | <p style="text-align: center;">Ready to Be a Friend</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Showing Respect</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Choosing Friends</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Helping Friends</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> |
| Lesson 6 Theme: Choices and Decisions | | | | |
| <p style="text-align: center;">Stop and Think It Through</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Stop and Think It Through</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Saying No Using the Five Bs</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Decisions That Count: The Five Bs</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">The Power of Positive Decisions</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> |

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| Lesson 7 Theme: Media Awareness | | | | |
| <p style="text-align: center;">Maggie and the Medicine</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Social Studies: Economics, Government Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Warning Labels: What Commercials Don't Tell Us</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods. Art.</p> | <p style="text-align: center;">Getting the Word Out: What Commercials Don't Tell Us</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Slogans Can Teach</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Social Studies: Economics, Government Citizenship, Skills and Methods.</p> | <p style="text-align: center;">The Rest of the Story</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Science: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> |
| Lesson 8 Theme: Communication | | | | |
| <p style="text-align: center;">Only Safe Drivers</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">The Very Scary Ride</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods. Art.</p> | <p style="text-align: center;">A Very Dangerous Ride</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">Only Safe Drivers</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> | <p style="text-align: center;">We've Got It!</p> <p>Health: NASPE Standards 4-6. Language Arts: All benchmarks. Social Studies: Economics, Government, Citizenship, Skills and Methods.</p> |