

*Protecting You / Protecting Me:
An Alcohol Use Prevention Program*

State Graduation Standards

OKLAHOMA

These lessons in each grade level meet the following Oklahoma Educational Standards:

GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5
Lesson 1 Theme: Our Brain				
<p style="text-align: center;">Our Brain Is the Boss</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-8; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Science: Processes & Inquiry: 1-3. Art.</p>	<p style="text-align: center;">Our Brain and the Rest of Our Body: Working Together</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-7; Writing & Mechanics: 1-3; Oral Language: 1-3; Visual literacy: 1-2. Science: Processes & Inquiry: 1-3. Art.</p>	<p style="text-align: center;">Brain Talk</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-6; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3. Art.</p>	<p style="text-align: center;">Brain Talk</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-5; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3; Life science standard 3.</p>	<p style="text-align: center;">Our Human Brain</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-4; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3.</p>
Lesson 2 Theme: Growth and Development				
<p style="text-align: center;">When Will I Be a Grown-Up?</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature 1-8; Writing & Mechanics 1-3; Oral language 1-3; Visual literacy 1-2. Science: Processes & Inquiry 1-3. Math.</p>	<p style="text-align: center;">Growing Up and Grown Up</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-7; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Social Studies: 1, 3-5. Art.</p>	<p style="text-align: center;">Growing and Changing!</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-6; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3. Social Studies: 1, 3-5.</p>	<p style="text-align: center;">Stages of Life</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-5; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3; Life Science standard 3. Social Studies: Standard 1.</p>	<p style="text-align: center;">Don't Mess with My Mind</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-4; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3; Physical Science standard 1. Social Studies: Standard 1.</p>
Lesson 3 Theme: Health and Safety				
<p style="text-align: center;">I Don't Trust My Life to Luck</p> <p>Health: Health & Safety Literacy 1-7. Language Arts: Reading/Literature 1-8; Writing & Mechanics 1-3; Oral language 1-3; Visual literacy 1-2. Social Studies: 1, 3-5.</p>	<p style="text-align: center;">Keeping My Brain Inside!</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-7; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Science: Processes & Inquiry: 1-3. Social Studies: 1, 3-5. Art.</p>	<p style="text-align: center;">Dealing with Feelings</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-6; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3. Social Studies: 1, 3-5.</p>	<p style="text-align: center;">Stress Management: Fearless Tests</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-5; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3.</p>	<p style="text-align: center;">Stress Management</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-4; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3.</p>

GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5
Lesson 4 Theme: Rules and Laws				
Reasons for Rules and Laws Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-8; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Social Studies: 1, 3-5.	Reasons for Rules and Laws Health: Health & Safety Literacy 1-7. Language Arts: Reading/Literature 1-7; Writing & Mechanics 1-3; Oral language 1-3; Visual literacy 1-2. Social Studies: 1, 3-5. Art.	Five Rules for Taming Our Uncomfortable Emotions Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-6; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: 1, 3-5.	Taking a Stand on Drunk Driving Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-5; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: Standard 1.	Warning Labels for People Under 21 Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-4; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: Standard 1
Lesson 5 Theme: Friends				
Being Friendly Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-8; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Social Studies: 1, 3-5.	Ready to Be a Friend Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-7; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Social Studies: 1, 3-5.	Showing Respect Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-6; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: 1, 3-5.	Choosing Friends Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-5; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: Standard 1.	Helping Friends Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-4; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: Standard 1.
Lesson 6 Theme: Choices and Decisions				
Stop and Think It Through Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-8; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Social Studies: 1, 3-5.	Stop and Think It Through Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-7; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Social Studies: 1, 3-5.	Saying No Using the Five Bs Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-6; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: 1, 3-5.	Decisions That Count: The Five Bs Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-5; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: Standard 1.	The Power of Positive Decisions Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-4; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: Standard 1.

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Lesson 7 Theme: Media Awareness				
<p>Maggie and the Medicine</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-8; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Science: Processes & Inquiry: 1-3. Social Studies: 1, 3-5.</p>	<p>Warning Labels: What Commercials Don't Tell Us</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-7; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Science: Processes & Inquiry: 1-3. Social Studies: 1, 3-5. Art.</p>	<p>Getting the Word Out: What Commercials Don't Tell Us</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-6; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3. Social Studies: 1, 3-5.</p>	<p>Slogans Can Teach</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-5; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3. Social Studies: Standard 1.</p>	<p>The Rest of the Story</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-4; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3. Social Studies: Standard 1.</p>
Lesson 8 Theme: Communication				
<p>Only Safe Drivers</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-8; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Social Studies: 1, 3-5.</p>	<p>The Very Scary Ride</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-7; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-2. Social Studies: 1, 3-5. Art.</p>	<p>A Very Dangerous Ride</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-6; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: 1, 3-5.</p>	<p>Only Safe Drivers</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-5; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Social Studies: Standard 1.</p>	<p>We've Got It!</p> <p>Health: Health & Safety Literacy: 1-7. Language Arts: Reading/Literature: 1-4; Writing & Mechanics: 1-3; Oral language: 1-3; Visual literacy: 1-3. Science: Processes & Inquiry: 1-3. Social Studies: Standard</p>