

*Protecting You / Protecting Me:
An Alcohol Use Prevention Program*

**State Graduation Standards
SOUTH DAKOTA**

These lessons in each grade level meet the following South Dakota Educational Standards:

GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5
Lesson 1 Theme: Our Brain				
<p style="text-align: center;">Our Brain Is the Boss</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Nature of science: 1, 2; Tech., envir., and society: 1, 2. Art.</p>	<p style="text-align: center;">Our Brain and the Rest of Our Body: Working Together</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Nature of science indicator 1. Art.</p>	<p style="text-align: center;">Brain Talk</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Nature of science indicator 2; Life science: 2, 3. Art.</p>	<p style="text-align: center;">Brain Talk</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Life science indicator 1; Tech., envir., and society indicator 1.</p>	<p style="text-align: center;">Our Human Brain</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Life science indicator 2; Tech., envir., and society: 1, 2.</p>
Lesson 2 Theme: Growth and Development				
<p style="text-align: center;">When Will I Be a Grown-Up?</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Nature of science: 1, 2; Tech., envir., and society: 1, 2. Math.</p>	<p style="text-align: center;">Growing Up and Grown Up</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards. Art.</p>	<p style="text-align: center;">Growing and Changing!</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Nature of science indicator 2; Life science: 2, 3. Social Studies: Civics standards.</p>	<p style="text-align: center;">Stages of Life</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Life science indicator 1; Tech., envir., and society indicator 1. Social Studies: Civics standards.</p>	<p style="text-align: center;">Don't Mess with My Mind</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Life science indicator 2; Tech., envir., and society: 1, 2. Social Studies: Civics standards.</p>
Lesson 3 Theme: Health and Safety				
<p style="text-align: center;">I Don't Trust My Life to Luck</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Keeping My Brain Inside</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Nature of science indicator 1. Social Studies: Civics standards. Art.</p>	<p style="text-align: center;">Dealing with Feelings</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Nature of science indicator 2; Life science: 2, 3. Social Studies: Civics standards.</p>	<p style="text-align: center;">Stress Management: Fearless Tests</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Life science indicator 1; Tech., envir., and society indicator 1.</p>	<p style="text-align: center;">Stress Management</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Life science indicator 2; Tech., envir., and society: 1, 2.</p>

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Lesson 4 Theme: Rules and Laws				
<p style="text-align: center;">Reasons for Rules and Laws</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Reasons for Rules and Laws</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards. Art.</p>	<p style="text-align: center;">Five Rules for Taming Our Uncomfortable Emotions</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Taking a Stand on Drunk Driving</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Warning Labels for People Under 21</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>
Lesson 5 Theme: Friends				
<p style="text-align: center;">Being Friendly</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards</p>	<p style="text-align: center;">Ready to Be a Friend</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Showing Respect</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Choosing Friends</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Helping Friends</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>
Lesson 6 Theme: Choices and Decisions				
<p style="text-align: center;">Stop and Think It Through</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Stop and Think It Through</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Saying No Using the Five Bs</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Decisions That Count: The Five Bs</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">The Power of Positive Decisions</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>

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Lesson 7 Theme: Media Awareness				
<p style="text-align: center;">Maggie and the Medicine</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Nature of science: 1, 2. Tech., envir., and society: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Warning Labels: What Commercials Don't Tell Us</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Nature of science indicator 1. Social Studies: Civics standards. Art.</p>	<p style="text-align: center;">Getting the Word Out: What Commercials Don't Tell Us</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Nature of science indicator 2; Life science: 2, 3. Social Studies: Civics standards.</p>	<p style="text-align: center;">Slogans Can Teach</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Life science indicator 1: Tech., envir., and society indicator 1. Social Studies: Civics standards.</p>	<p style="text-align: center;">The Rest of the Story</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Life science indicator 2; Tech., envir., and society: 1, 2. Social Studies: Civics standards.</p>
Lesson 8 Theme: Communication				
<p style="text-align: center;">Only Safe Drivers</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">The Very Scary Ride</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-4; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards. Art.</p>	<p style="text-align: center;">A Very Dangerous Ride</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">Only Safe Drivers</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Social Studies: Civics standards.</p>	<p style="text-align: center;">We've Got It!</p> <p>Health: Standards 1-5: all indicators. Language Arts: Reading: 1-3; Writing: 1-4; Listening: 1, 2; Speaking: 1, 2. Science: Life science indicator 2; Tech., envir., and society: 1, 2. Social Studies: Civics standards.</p>