

*Protecting You / Protecting Me:  
An Alcohol Use Prevention Program*

**State Graduation Standards  
TENNESSEE**

These lessons in each grade level meet the following Tennessee Educational Standards:

<b>GRADE 1</b>	<b>GRADE 2</b>	<b>GRADE 3</b>	<b>GRADE 4</b>	<b>GRADE 5</b>
<b>Lesson 1 Theme: Our Brain</b>				
<p style="text-align: center;"><b>Our Brain Is the Boss</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Science: Life Sciences, Physical Sciences. Art.</p>	<p style="text-align: center;"><b>Our Brain and the Rest of Our Body: Working Together</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Science: Life Science, Physical Science. Art.</p>	<p style="text-align: center;"><b>Brain Talk</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Science: Life Science, Physical Science. Art.</p>	<p style="text-align: center;"><b>Brain Talk</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Science: Life Science, Physical Science.</p>	<p style="text-align: center;"><b>Our Human Brain</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Science: Life Science, Physical Science.</p>
<b>Lesson 2 Theme: Growth and Development</b>				
<p style="text-align: center;"><b>When Will I Be a Grown-Up?</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Science: Life Science, Physical Science. Math.</p>	<p style="text-align: center;"><b>Growing Up and Grown Up</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions. Art.</p>	<p style="text-align: center;"><b>Growing and Changing!</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Science: Life Science, Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Stages of Life</b></p> <p>Health: 1-19. Language Arts: Standards 1-3. Science: Life Science, Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Don't Mess with My Mind</b></p> <p>Health: 1-19. Language Arts: Standards 1-3. Science: Life Science, Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>
<b>Lesson 3 Theme: Health and Safety</b>				
<p style="text-align: center;"><b>I Don't Trust My Life to Luck</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Keeping My Brain Inside!</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Science: Life Science; Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions. Art.</p>	<p style="text-align: center;"><b>Dealing with Feelings</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Science: Life Science; Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Stress Management: Fearless Tests</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Science: Life Science; Physical Science.</p>	<p style="text-align: center;"><b>Stress Management</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Science: Life Science; Physical Science.</p>

<b>GRADE 1</b>	<b>GRADE 2</b>	<b>GRADE 3</b>	<b>GRADE 4</b>	<b>GRADE 5</b>
<b>Lesson 4 Theme: Rules and Laws</b>				
<p style="text-align: center;"><b>Reasons for Rules and Laws</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Reasons for Rules and Laws</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions. Art.</p>	<p style="text-align: center;"><b>Five Rules for Taming Our Uncomfortable Emotions</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Taking a Stand on Drunk Driving</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Warning Labels for People Under 21</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>
<b>Lesson 5 Theme: Friends</b>				
<p style="text-align: center;"><b>Being Friendly</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Ready to Be a Friend</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Showing Respect</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Choosing Friends</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Helping Friends</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>
<b>Lesson 6 Theme: Choices and Decisions</b>				
<p style="text-align: center;"><b>Stop and Think It Through</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Stop and Think It Through</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Saying No Using the Five Bs</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>Decisions That Count: The Five Bs</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p style="text-align: center;"><b>The Power of Positive Decisions</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>

<b>GRADE 1</b>	<b>GRADE 2</b>	<b>GRADE 3</b>	<b>GRADE 4</b>	<b>GRADE 5</b>
<b>Lesson 7 Theme: Media Awareness</b>				
<p><b>Maggie and the Medicine</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Science: Life Science; Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p><b>Warning Labels: What Commercials Don't Tell Us</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Science: Life Science; Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions. Art.</p>	<p><b>Getting the Word Out: What Commercials Don't Tell Us</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Science: Life Science; Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p><b>Slogans Can Teach</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Science: Life Science; Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p><b>The Rest of the Story</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Science: Life Science; Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>
<b>Lesson 8 Theme: Communication</b>				
<p><b>Only Safe Drivers</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p><b>The Very Scary Ride</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions. Art.</p>	<p><b>A Very Dangerous Ride</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1, 2. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p><b>Only Safe Drivers</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>	<p><b>We've Got It!</b></p> <p>Health: Standards 1-19. Language Arts: Standards 1-3. Science: Life Science; Physical Science. Social Studies: Culture; Economics; Govt &amp; Civics; Indiv, Groups, &amp; Interactions.</p>