



## Your guide to program rates at Hazelden's St. Paul campus

At Hazelden, clients and families are able to turn down the noise of the outside world and focus on making physical, emotional, spiritual, and behavioral changes that build lifelong recovery from addiction.

Every treatment plan is individualized, and the cost of care varies by client. A financial case manager is available to answer your questions regarding costs and insurance coverage. Hazelden is an in-network provider for many major insurance carriers. Some financial assistance may be available to those who qualify.

### **Residential Intermediate Care (Fellowship Club)**

Rates include individualized chemical health treatment at Hazelden, located in a charming neighborhood near downtown St. Paul. Residential intermediate care provides a structured program allowing patients to practice recovery lifestyle skills in a safe and supportive environment. Individual treatment services include group and individualized counseling, vocational assistance, relapse prevention, and peer support. Residents have access to mental health services and on-site Twelve Step meetings, recovery workshops, Hazelden alumni events, and other activities that reinforce recovery. The typical stay in residential intermediate care is 120 days.

**Daily rate**                      \$254 for the first 7 days  
    \$181 for subsequent days

### **Day Treatment Program**

Hazelden's Day Treatment Program provides the most intensive outpatient addiction treatment for adults. Programming is Monday through Friday for 4–5 weeks and includes individual and group counseling. Groups focus on a holistic approach and include mental health groups and spiritual care with a focus on One through Three of the Twelve Steps.

**Daily rate**                      \$515

### **Intensive Outpatient Program**

The intensive outpatient program helps adults balance work and family obligations while receiving top-notch integrated clinical services for alcohol and drug addiction. The six week program offers either a *Morning Program* or an *Evening/Weekend Program* and includes assessments and education, lectures, and group and individual counseling with Hazelden clinicians focusing on Steps One through Three.

**Session rate**                    \$294

## Extended Outpatient Program

The extended outpatient program is intended as a continuation from other levels of care. Ideally, individuals have participated in some level of treatment prior to participating in this program. Treatment is two days a week for three hours and typical program length is 8–10 weeks. The curriculum focuses on living in emotional balance, concentrating on Steps One through Nine.

**Daily rate**                      \$294

## Structured Sober Living

Structured Sober Living is an option for participants who are involved in Day Treatment or Intensive Outpatient programming at Hazelden's St. Paul campus. Designed to serve individuals across levels of care who need a structured living environment. Meals included, medication safely stored, and 24-hour staff supervision and access to counseling staff.

**Daily rate**                      \$99

## Continuing Care Programs

### Group Sessions

Continuing care groups are facilitated by a Hazelden clinician and are offered on evenings, with frequency of participation based on individual needs.

**Session rate**                  \$60

### MORE®

MORE is an 18-month web- and phone-based personalized continuing care program.

**Program fee**                  Free to Hazelden clients

## Teen Intervene

Teen Intervene is designed to provide education, support, and guidance for teens who have experienced mild to moderate substance abuse. The program consists of three 90-minute sessions. The first two are one-on-one sessions with teen and counselor, and parent(s) or guardian(s) join the third session.

**Session rate**                  \$290

## Mental Health Services

Services for patients and their family members are integrated into the treatment process and are charged on a fee-for-service basis. Services, such as mental health assessments, individual or group therapy, and psychiatry vary in cost by type and length of service. Mental health services are available to anyone affected by addiction, including family members, friends, and anyone in the community.

## Outpatient Assessments

**Chemical use assessments**    \$358

**Legal chemical use assessments**    \$536

**ST. PAUL, MINNESOTA**  
680 STEWART AVENUE  
ST. PAUL, MN 55102-4199  
651-292-2400  
800-257-7800

Rates shown here are effective 01/01/12.  
Rates are subject to change.

MAT-0656 (02/12)  
3642-3

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