Welcome to the Winter issue of hazelden.edu

As a supporter, friend, student, faculty or staff member, or alumna/alumnus of the Hazelden Graduate School of Addiction Studies, your ideas and involvement are important to us. We hope this enewsletter helps you to stay informed and feel connected with us. And, as always, we look forward to hearing from you.

A MESSAGE FROM THE PRESIDENT
Mark G. Mishek

Hazelden's Got Talent
What an incredible evening we had on Friday, November 4, at the first ever Hazelden's Got Talent show! And what amazing talent we have at Hazelden. From arias and piano concertos to hula-hooping and kazoo choirs--and everything in between--it was an action-packed evening of entertainment.

I had the pleasure of co-hosting the talent show with adjunct assistant professor Dr. Marv Seppala, who serves as Hazelden’s chief medical officer. Held at the Bigelow auditorium on our Center City campus, the evening was an enormous success, creating an atmosphere of fun, fellowship, and generosity - and earning over $7,000 for the Multicultural Association of Student Counselors (MASC) student fund.

MASC is an cocurricular student group committed to advancing multiculturalism. One of the goals of the MASC group, and of the Hazelden Graduate School of Addiction Studies as a whole, is to improve multicultural student recruitment and bring greater diversity to the student body. The students of MASC organized the talent show to raise funds for individuals from multicultural backgrounds who wish to attend the school but have financial limitations. Hazelden's Got Talent was a successful culmination of these efforts.

I commend our students and faculty for embracing multiculturalism and fostering the growth and development of addiction counselors who approach their work with cultural sensitivity.

A MESSAGE FROM THE PROVOST
Valerie Slaymaker, Ph.D.

Welcoming the New Year
As we say good-bye to 2011, thoughts turn toward the new year ahead. It is also a natural time to evaluate how our school has been doing and where we are going in 2012 and beyond.

Our current strategic plan, launched in 2010, identifies our school's four organizational priorities:

- Expand our enrollment to embrace greater diversity
- Prepare students to succeed in a changing world
- Deepen our public service commitments
Build academic capacity
We've made great progress toward fulfillment of our priorities. Since we launched our plan, we've:

- Developed and implemented a comprehensive 5-year plan to increase student diversity
- Sponsored our school's first cocurricular student group, the Multicultural Association of Student Counselors (MASC)
- Expanded and renovated our school's physical space
- Implemented a web-based student information system and learning management system
- Increased our faculty and student participation in public service
- Engaged faculty in academic research
- Launched online continuing education for practicing professionals

This is only a partial list of the accomplishments of faculty, staff, and students who have worked collaboratively in the service of our vision to set the highest standard for expertise in addiction counselor education and practice.

And more is yet to come! As we look toward the new year, we have several exciting events and initiatives underway:

- In February, we will host four site reviewers from the Higher Learning Commission. These professionals, all leaders in higher education, will assess the extent to which our school fulfills the Commission's criteria for continuing accreditation as an institution of higher learning.
- We will continue our commitment to multiculturalism by creating a Diversity Advisory Panel. This group will be comprised of racially and ethnically diverse members who will advise us on our efforts to increase diversity in our school. They will assess our student and faculty recruitment strategies and recommend improvements.
- Our faculty is expanding course offerings to address the continuous challenges of everyday practice. As we already know, mental health conditions and complications are the norm rather than the exception in addiction treatment. Additional courses are being developed to aid students in the assessment and treatment of co-occurring disorders, advance co-occurring competencies, and help graduates respond to licensing and certification changes in the field.
- We will also advance our capacity to reach more students via online education. To this end, in 2012 we will develop a curriculum for an online degree with the plan to launch it in late 2014. We will begin by converting two of our electives into an online format.

Of course, it all goes without saying that we are uncompromising when it comes to our commitment to deliver high quality education for our students. Our mission to educate future leaders in addiction counseling drives everything we do and makes our work so meaningful.

Here's wishing you a productive and meaningful new year!

A MESSAGE FROM THE DEAN
Dan Frigo, Ph.D.

Greetings, Alumni!
The holidays are upon us, one of the busiest times of the year. Not too long ago, as a student, you were busy finishing a semester of classes, preparing for a week of exams, and anticipating a well deserved break from school--a time you remember well, I'm sure.

On December 10 we held our fourth and final Alumni Association CE event for the year. This year we've had CE events on shame and recovery, personal finance issues in early recovery, and counseling culturally diverse populations--all
presentations given by alumni, all practicing professionals in addiction treatment.

In 2012 we are planning to offer an Alumni Association CE event every quarter at Hazelden's St. Paul location. Elizabeth Lemon (Alumni Association President) and I welcome your suggestions for topics, and we would especially appreciate your willingness to present on a subject important to you. We will gladly facilitate the process of paperwork, making it as easy as possible for you to share your experience, strength, and hope with fellow alumni. You simply need to contact either Elizabeth (clem@hazelden.org) or me (dfrigo@hazelden.edu).

We will explore the feasibility of WebEx and other technologies in 2012 to reach our alumni who live and work out-of-state. In the meantime, we offer an array of CE courses available online at hazelden.org/onlinelearning.

If you are in the Twin Cities you are more than welcome to attend a free continuing education program, renew old friendships, and network with peers. One of the best ways to develop your career is to connect with those working in the field, especially with those who know and understand your educational experience.

Please know that I wish you the very best for the New Year!

A MESSAGE FROM THE DIRECTOR OF INSTITUTIONAL EFFECTIVENESS
Tim Sheehan, Ph.D.

Accreditation Update: Self Study Findings and Recommendations

In our last update we discussed accreditation as the primary means of assuring a standard of quality across institutions of higher learning. Central to continuing accreditation is the institutional self study. From the very beginning, our self study steering committee has been committed to conducting an honest self assessment and to reporting findings that reflect our challenges for the future as well as our enduring strengths. In our self study we have carefully addressed the Higher Learning Commission's (HLC) five criteria and 21 related core components by examining patterns of evidence, assessing fulfillment of each criterion, and identifying opportunities for even greater effectiveness. The following is a brief summary of the study's findings and recommendations:

Criterion One: Mission and Integrity

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<th>Findings</th>
<th>Recommendations</th>
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<td>Strengthened mission documents</td>
<td>Develop a Diversity Advisory Panel</td>
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<tr>
<td>Advancement of mission in all phases of planning</td>
<td>Strengthen faculty engagement school-wide</td>
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<td>Transparent communication</td>
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<td>Effective delivery on mission driven strategies</td>
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Criterion Two: Preparing for the Future

<table>
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<th>Findings</th>
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<td>Extensive technological advancements</td>
<td>Continuously improve fundraising efforts</td>
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<tr>
<td>Strong enrollment growth</td>
<td>Ensure a racially diverse student body</td>
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<tr>
<td>Extensive school renovation and expansion</td>
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<td>Consistently strong financial performance</td>
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Criterion Three: Student Learning and Effective Teaching

Findings
- Seamless assessment, evaluation and planning processes
- Improvement of course content and student satisfaction
- Results-oriented process improvement teams
- Resource allocation to support academic effectiveness

Recommendations
- Evaluate the Performance Improvement Plan annually
- Seek and secure program accreditation

Criterion Four: Acquisition, Discovery, and Application of Knowledge

Findings
- Faculty driven research
- Expanding continuing education
- Faculty presentations and workshops
- Publications and manuscripts

Recommendations
- Align Butler Center for Research with the Graduate School
- Define the scope and breadth of professional continuing education
- Launch a quality initiative to enhance faculty engagement

Criterion Five: Engagement and Service

Findings
- Clinical advisory panel implemented
- Faculty-led consultation and training across the US and overseas
- Pro bono continuing education for local professionals
- Editorial service for scientific journals

Recommendations
- Expand clinical placement opportunities
- Secure online degree approval and accreditation to reach more students

The self study report will be forwarded to a team of four HLC peer reviewers in December. The review team will be comprised of a college president, vice president, dean and research director. The reviewers will have carefully read our report and will use their campus visit to verify the strengths and challenges we have cited and the data we have provided in the self study report. The team will review our policies, procedures and other documents, and meet formally and informally with board members, administrators, faculty, staff and students to determine if we meet the standards for continuing accreditation.

We are confident that we have honored our commitment to provide a thorough self study and, as a result, we have recognized our strengths and developed recommendations that will clearly advance our institution of higher learning. We look forward to the visit and anticipate a valuable learning opportunity for continued growth in our quest for academic excellence.

Request for Third-party Comment

Hazelden Graduate School of Addiction Studies is seeking comments from the public about the school in preparation for its periodic evaluation by its regional accrediting agency. The Graduate School will host a visit February 27-29, 2012, with a team representing the Higher Learning Commission, a member of the North Central Association of Colleges and Schools. Hazelden Graduate School of Addiction Studies
was granted initial accreditation in 2007. Comments must address substantive matters related to the quality of the institution or its academic programs. Comments must be in writing. All comments must be received by January 26, 2012.

The public is invited to submit comments regarding the Graduate School to:

Public Comment on Hazelden Graduate School of Addiction Studies  
The Higher Learning Commission  
230 South La Salle Street, Suite 7-500  
Chicago, IL 60604-1411

The public may also submit comments on the Commission's website at www.ncahlc.org.

NEWS AND NOTES FROM STUDENTS, ALUMNI AND FACULTY

Multicultural Association of Student Counselors Updates
by Assistant Professor Annie Peters, Ph.D.
If you didn't make it to the Hazelden's Got Talent! show at Hazelden in Center City, you missed an evening of hilarity, conviviality, and celebration of multiculturalism. As mentioned by President Mark Mishek earlier in this newsletter, the students in Hazelden's MASC did a fantastic job in organizing the talent show and raising funds for future HGSAS students.

The evening began in the Cork Atrium with a multicultural dinner, including award-winning beef fajitas, Israeli couscous, falafel, and Egyptian bamia, all contributed by HGSAS students and their families. A silent auction offered dozens of graciously-donated items such as a seven-night stay in a Guatemalan resort, a first edition "Big Book" of Alcoholics Anonymous, and even a Harley ride with HGSAS dean, Dr. Dan Frigo.

The fun then moved to Bigelow auditorium, where the evening's emcees, HGSAS president Mark Mishek and adjunct assistant professor Marv Seppala, took the stage with inspiring comments about the goal of the evening's fundraiser, to advance diversity in the HGSAS student body:

"The burgeoning landscape of diversity in the ranks of the still suffering addict and alcoholic underscores the value and importance of incorporating greater diversity among our ranks. The playing field out there is changing--a change which would be better reflected and matched by encouraging a greater breadth of diversity in our team's bench."
--from emcee's opening remarks, written by student Patrick Krill

The talent show acts were at times touching, at times hysterical, and all truly unique, and the emcees amused the audience in between with witty sidebars, stories, and psychiatrist jokes. Night availability's Dave DeMar, under the mysterious stage name "SHABD," delighted the audience with his "swing metal interpretive dance." Clinical director John Driscoll and his daughter Alaina were also a big hit with their "dueling hula hoops" routine. First semester student Theresa Anthony, accompanied by family, performed a magical version of Beyonce's "Halo." Student Scott Gross won the audience over with his charming performance of "Mr. Cellophane" from the musical Chicago. Other acts involved impersonations, headstands, sports trivia, poetry, adhesive mustaches, kazoos, and a variety of musical performances featuring the talents of Hazelden staff.

The celebrity judges, John MacDougall, Gus Audunsson, and Sheila Murphy, were honored for their accomplishments and asked to select the top acts. Recovery management's Don Moyer and his wife Niki won the judge's favor with a beautiful performance of "More" and earned 1st place; Butler Center's Cynthia Soucheray's enchanting rendition of "O Mio Babbino Caro" won her 2nd; and first-semester HGSAS student Jeremiah Gardner charmed his way into 3rd place with his acoustic homage to contemporary artists including Bruce Springsteen and Lady Gaga. The audience choice award went to Becki Wright from the resource center. Her rendition of Janis Joplin's "Me and Bobby McGee" had the crowd
literally dancing in the aisles.

MASC would like to thank all of the performers, donors, volunteers, students, HGSAS alumni, and Hazelden staff who made this event possible!

Welcome Fall Semester Students
Thirty-four new students enrolled in the Hazelden Graduate School fall semester and represent ten states: Illinois, Minnesota, Wisconsin, Maryland, Florida, Kentucky, Virginia, California, New Jersey, and Iowa. Three students hailed from Canada, the Netherlands, and Denmark. The new students entered the Graduate School with a variety of undergraduate degrees including: health care administration, psychology, communication, religious studies, criminal justice, and economics just to name a few.

The class entering the fall semester includes 28 full-time students and five part-time students enrolled in the master’s degree program. One student enrolled full-time in the certificate program. Please welcome the new fall semester students!


Front (l to r): Abraham van de Giessen, Alisha Higgins, Kathryn Corrigan, Debbie Velasco, Jeannette Robert  Back (l to r): Ron Royer, Matt Matthews, Courtney O’Malley, Erik Metzger, Mike Donovan, Elizabeth Moen, Mark Mosvick
An International Perspective: Improving Treatment and Recovery
Committed to advancing a global perspective through public service and engagement, faculty members reach out to treatment providers internationally to help improve treatment and recovery as inspired by our mission.

Recently, our Dean, Dr. Frigo shared his expertise and scholarship through a series of lectures at Jellinek Minnesota, part of a larger mental health care system in Holland that provides addiction treatment to men and women modeled after Hazelden’s clinical expertise. Professionals and administrators enthusiastically welcomed a variety of salient topics presented by Dr. Frigo addressing ethical considerations in clinical practice, counseling skills to strengthen therapeutic alliance, treatment of co-occurring disorders, group counseling skills, integration of cognitive behavior therapy and 12 step facilitation, as well as exploration of mutual self help groups and continuing care.

The Graduate School has played an instrumental role with Jellinek Minnesota by educating 8 clinicians for Jellinek Minnesota. In fact, the Clinical Director completed his studies at the HGSAS in 2006 and two additional students are currently enrolled.

In honor of the Graduate School’s contributions, Jellinek named a lecture hall after Dr. Frigo, a classroom after our former Dean, Dr. Michael Demask, and a residential wing after an adjunct faculty member, Sheila Hermes. “It was an honor and privilege not only to work with former students, but also to join them in their mission of making the Minnesota Model a viable and accessible treatment option in Europe,” said Dr. Frigo.

Open House
HGSAS will present an open house on Saturday, February 25, 2012 for prospective students at the Center City, Minn. campus. Prospective students, friends and family are welcome to learn about the graduate program, meet professors and staff and tour the campus. More details

DID YOU KNOW?

New continuing education courses available online
Hazelden's newest online continuing education courses include - "Introduction to Integrated Dual Disorders Treatment (IDDT)," developed by faculty from the Dartmouth Psychiatric Research Center and "Ethics for Addiction Counselors" by Gary Schoener, M.Eq., Licensed Psychologist. Review these courses and more at hazelden.org/onlinelearning and earn the CEs you need to renew your license.

Alumni presence on LinkedIn
Stay in touch with HGSAS alumni through LinkedIn, an online professional network that makes it easy to catch up and learn what your peers are doing.

**Hazelden needs you**
Learn about career opportunities at Hazelden by visiting our alumni web page. New opportunities are posted weekly.

**TELL US WHAT YOU'RE THINKING**

At hazelden.edu, we invite your ideas and comments. We're interested in learning about your experiences in the field, too. Let us know what's happening and what you're thinking. You can reach us by email at HGSASalumni@hazelden.org.

**School Mission**
The Hazelden Graduate School of Addiction Studies educates future leaders in addiction counseling to improve treatment and recovery from alcohol and drug dependence.

The School will achieve its mission through the Foundation's unique:

- clinical continuum of learning settings and internships,
- research capacity for evidence-based instruction through the Butler Center for Research, and
- teaching resources of Hazelden's scientific and professional staff.

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**General contact information**: Our postal mailing address is: Hazelden, 15251 Pleasant Valley Rd., P.O. Box 11, RW-19, Center City, MN 55012-0011. Our general information telephone numbers are: 800-257-7810 or 651-213-4200. Please feel free to forward this email to a friend.

Subject: News from Hazelden Graduate School