

Tips for Using the *Marijuana Brief Intervention* Program

1. The digital files include reproducible forms that can be printed and distributed. Familiarize yourself with all of the materials included and pay attention to the materials needed for each session.
2. Screening will help identify the best course of action for individual participants, including whether *Marijuana Brief Intervention* is appropriate. The effectiveness of the screening tool included in the program is backed by research, but other screeners with proven reliability and validity could also be used.
3. The facilitation of *Marijuana Brief Intervention* includes the use of multiple questionnaires. It is preferred that participants fill these out prior to the sessions in which they will be reviewed, as it saves time. For participants who have difficulty reading, or for participants who do not fill them out in advance, the facilitator and the participant can fill them out together. However, in this instance, joint completion of these handouts will add to overall administration time.
4. As part of the program, the participant will receive a participant workbook and a participant journal. These are reproducible files found on the CD-ROM. Some of the exercises in these handouts will be completed with the facilitator, and others will be completed by the participant on his or her own. The participant should bring these materials to each session and may need to be reminded to do so. Additionally, the participant may wish to keep using these materials after completion of the program as part of ongoing maintenance.
5. Use of CBT as a tool to encourage movement from precontemplation or contemplation to a further stage of change should be more of a consideration in the early sessions. However, after that, participants' engagement should indicate that they are past these early stages of change.

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