The Hazelden Betty Ford Foundation is a force of healing and hope for individuals, families and communities affected by addiction to alcohol and other drugs. It is the nation's largest nonprofit treatment provider, with a legacy that began in 1949 and includes the 1982 founding of the Betty Ford Center. With 16 sites in California, Minnesota, Oregon, Illinois, New York, Florida, Massachusetts, Colorado and Texas, the Foundation offers prevention and recovery solutions nationwide and across the entire continuum of care for youth and adults.

LEARN MORE ABOUT ADDICTION, TREATMENT, AND RECOVERY.

760-773-4375
HazeldenBettyFord.org/PIR
For a disease that strikes 1 in 10 Americans over the age of 12, addiction to alcohol or other drugs is surprisingly misunderstood, underdiagnosed, and untreated.

Physicians, mental health professionals, social workers, school counselors, medical students, and other caring professionals play an essential role not only in recognizing the signs of addiction but in helping individuals and families find effective care and support.

LEARN WITH THE LEADER
At the Hazelden Betty Ford Foundation, our earliest leaders believed that too many people were suffering with addiction for us to keep our knowledge, tools, and experience to ourselves. That's why our doors have always been open to other care providers and helping professionals to come and learn with us.

Through your on-site or online educational experience with us, you will get an in-depth and up-close look at addiction prevention, assessment, and treatment—and life-changing insight into a pervasive and complex but treatable disease.
Summer Institute for Medical Students (SIMS)

“One of the best experiences of my life. I am changed as a person and as a future physician in my understanding of the disease of addiction.”
—Former SIMS participant
Summer Institute for Medical Students (SIMS)

Often described by participants as “a life-changing experience,” the Summer Institute for Medical Students program immerses you in an intensive, weeklong addiction treatment experience at a Hazelden Betty Ford Foundation campus.

By shadowing treatment patients and family program participants, you have the opportunity to learn—with both heart and mind—about the disease of addiction. This in-depth, up-close look at addiction includes information about:

• Bio-psycho-social-spiritual aspects of the disease
• Evidence-based and holistic approaches to care
• Twelve Step recovery principles and practices

Overview
Programming includes:
- Classroom instruction
- Clinical observation
- Integration into patient life

Possible lecture topics:
- The Disease of Addiction
- Diagnosing Addiction
- Family Dynamics
- Spirituality in Recovery
- Treating Addicted Professionals

Participants
Designed specifically for medical students.

Locations
• Betty Ford Center in Rancho Mirage, California
• Hazelden in Center City, Minnesota

Cost
Program offered free of charge to qualifying medical students.* Flights, hotel, and meals are also provided for students through a scholarship fund.

Learn More
Applications accepted December 1–March 1; acceptance announced April 1.
bett yfordinstitute.org/education 760-773-4375 or 651-213-4421.

*Thanks to the generosity of Hazelden Betty Ford Foundation donors, the Summer Institute for Medical Students program is offered at no cost to qualifying applicants.
Professionals in Residence (PIR)

“The opportunity to walk in the life of patients was an experience I will never forget.”

–PIR participant
Professionals in Residence (PIR)

Informed by evidence-based practices and the latest scientific research, the field of addiction treatment and recovery continues to advance and evolve. Even seasoned professionals benefit by learning new perspectives on and approaches to treatment. Our PIR program offers you the uncommon opportunity to learn about addiction side-by-side with our expert clinicians and our treatment patients.

You will come away from the experience with a deeper understanding of addiction, personally and professionally, as well as the tools, knowledge, and insight to most-effectively respond to its challenges.

Overview
Programming includes:
• Classroom instruction
• Clinical observation
• Integration into the daily life of patients
Possible lecture topics:
• The Disease of Addiction
• Twelve Step Facilitation
• Co-occurring Disorders
• Neurobiology of Addiction
• Motivational Interviewing and Stages of Change
• Spirituality and Recovery
• Screening and Brief Intervention
We offer continuing education hours and a certificate of completion.

Participants
The PIR program is an ideal educational opportunity for:
• Health care providers
• Mental health providers
• Addiction counselors
• School counselors
• Social workers
• Criminal justice professionals
• Employee assistance program providers

Locations
• Betty Ford Center in Rancho Mirage, California
• Hazelden in Center City, Minnesota
• Hazelden in Plymouth, Minnesota

Cost
Fee varies based on program scope.

Learn More
View complete program offerings and fee schedule at HazeldenBettyFord.org/PIR 760-773-4375 or 651-213-4421.
Medical Education Partnership (MEP)

“I know now that addiction is a disease, not a choice. And it affects people from all walks of life.”

–A MEP participant
Medical Education Partnership (MEP)

Realizing that addiction does not discriminate—that it affects people across all cultures, lifestyles, levels of education, and economic classes—is one of the most powerful takeaways for participants of our MEP program. And learning about addiction, treatment, and recovery becomes a profound personal and professional experience in this immersive program.

As part of our MEP program, you and your colleagues have the opportunity to learn about the disease of addiction side-by-side with our expert clinicians and our treatment patients. You will come away from the experience with new tools, knowledge, and insight about the disease of addiction—and will know how to most-effectively respond to it in your field of expertise.

Overview

Programming includes:
- Classroom instruction
- Clinical observation
- Integration into the daily life of patients

Content is tailored to address the needs and interests of your professional cohort. Possible topics include:
- The Disease of Addiction
- Co-occurring Disorders
- Twelve Step Recovery
- Neurobiology of Addiction
- Spirituality and Recovery
- Screening and Brief Intervention
- Motivational Interviewing and Stages of Change

We offer continuing education hours and a certificate of completion.

Participants

The MEP program is an ideal opportunity for cohort groups of:
- Physicians
- Nurses
- Judges and attorneys
- Criminal justice professionals
- Pharmacists
- Addiction counselors

Locations

- Betty Ford Center in Rancho Mirage, California
- Hazelden in Center City, Minnesota

Cost

Fee varies based on program scope.

Learn More

View complete program offerings and fee schedule at HazeldenBettyFord.org/PIR 760-773-4375 or 651-213-4421.
Addiction Medicine Fellowship

“This Fellowship empowers physicians to effectively address all aspects of addiction: prevention, diagnosis, and treatment.”

–Steven J. Eickelberg, MD
Fellowship Program Director
Addiction Medicine Fellowship

A yearlong program, the fully accredited Betty Ford Center Addiction Medicine Fellowship equips physicians to be specialists in all aspects of addiction medicine.

As a licensed chemical dependency recovery hospital, the Betty Ford Center provides multidisciplinary, evidence-based treatment for substance use disorders. With a focus on patient care, residents rotate among the Betty Ford Center’s detoxification and inpatient units, making clinical rounds with the attending physician.

Overview
The Fellowship offers a diverse clinical experience in the medical and psychiatric aspects of addiction. Areas of focus include:

- Assessing patients from admission through treatment
- Administering detoxification protocols
- Completing addiction-focused history and physical exams
- Determining pathophysiology, medical treatment, and relapse indicators
- Developing proficiency in medical management, interview skills, counseling skills, patient education, oral presentations
- Acquiring expert knowledge of the disease of addiction, family codependency dynamics, diagnostic criteria, addiction medicine literature
- Playing a critical role as a member of multidisciplinary treatment team

Rotations also include several specialized programs at the Betty Ford Center:

- Day Treatment and Intensive Outpatient Treatment Programs
- Pain Management Program
- Family Program

Location
- Betty Ford Center in Rancho Mirage, California

Learn More
Contact Joseph Skrajewski, MA, MFTI, Executive Director of Medical and Professional Education Hazelden Betty Ford Foundation JSkrajewski@HazeldenBettyFord.org 760-773-4375.
“No matter what specialty medical students choose, they will take care of patients with substance use disorders. These cases encourage them to start thinking about the impact of substance use on health.”

—Sharon Levy, MD, MPH, Assistant Professor of Pediatrics, Harvard Medical School
Course on Addiction and Recovery Education

A first-ever online addiction education program for medical students, CARE was developed by the Hazelden Betty Ford Foundation in collaboration with MedU, the American Society of Addiction Medicine, and the Treatment Research Institute to address the widely recognized need for substance use disorder education in medical schools.

Overview
Developed expressly for medical students, CARE:

- Draws from leading experts and the latest science
- Is built on the MedU platform for easy access and navigation
- Features an interactive format for learning engagement
- Includes flexible modules for customizing the course as needed

Patient profiles provide interactive platform for clinical consideration. Topics include:

- Pregnancy and Alcohol Abuse
- Cannabis Use in Adolescents
- Pain Management and Liability for Addiction
- Alcohol Withdrawal
- Dermatology and Stimulant Use
- IV Heroin Use and HIV

TED-style videos feature today’s leading experts in addiction. Topics include:

- Neurobiology of Addiction
- Psychiatric Comorbidity
- Epidemiology of Addiction
- Evidence-Based Behavioral Therapies
- Medication in the Treatment of Addiction
- Genetics in Alcohol and Substance Use Disorders

Cost

- Low annual subscription fee.
- Free 30-day trial.

Learn More

Call 603-727-7002 or visit HazeldenBettyFord.org/CARE.