



## Kindergarten – Lesson Seven

# Finding a Friend

### Objectives

*The student will be able to:*

- Describe three to five ways to initiate conversations.
- Practice verbal and non-verbal communication.
- Describe characteristics of a friend.

### Activities

- 1 Make a Friend .....10 min.
- 2 Act Like a Friend .....10 min.
- 3 I Know How to Make a Friend .....10 min.

### Materials

- *Workbook page 7*
- *Make a Friend poster (in your kit)*
- *Home Workout*

### Home Workout

*See page 65*

### Rationale

*Studies suggest that children who have mastered the social skill of making friends are much more resilient than isolated children. Bonding with positive peers is a very important component of positive youth development.*

### Before You Start ...

*Make one copy of Home Workout, page 65, for each student.*

# 1 Make a Friend

Friends are important. What is a friend?

Complete this sentence, "A friend is someone who \_\_\_\_\_." 🧒 *Helps me, laughs with me, talks to me, shares with me, etc.*

What does a friend look like? Some are short and some are tall. Some have curly hair and some have straight hair. Friends look very different. Friends may like different things, too.

How are friends the same? 🧒 *They help each other, they share and take turns. Friends are kind and fun to be with.*

Friends help each other, share and take turns. Friends have fun together.

🧒 *Allow the students to stand and tell the class how they are the same as their friend and how they are different.*

Have you ever moved to a new place where you didn't know anyone? Have you ever gone to a new school or day care center where you did not know anyone?

How did you feel? 🧒 *Lonely, worried, afraid.*

Let's pretend that your family moved to a new town, and you had to go to a brand new school. On the day before kindergarten, you felt lonely and afraid. You said to your mother, "I need someone to talk to at my new school. I need someone to help me find the lunchroom and the bathroom and the playground. I need a new friend."

Can anyone think of a way you could make a new friend? 🧒 *Allow children time to answer. Those are good ideas. Here is a poster to help us remember these good ways to make a friend.* 🧒 *Hang the "Make a Friend" poster on your bulletin board, and discuss it with your class.*

Now let's learn a song about making friends.

🧒 *Teach the students how to sing the "Make a Friend Song," using appropriate facial expressions and gestures to illustrate each verse. Sing the song to the tune of "If You're Happy and You Know It, Clap Your Hands."*

## Make a Friend

### 1. Smile.

If you want to make a friend, give a smile.

If you want to make a friend, give a smile.

If you want to make a friend, then start with a grin,

If you want to make a friend, give a smile.

2. Ask, "What is your name?"

If you want to make a friend, ask, "What's your name?"

If you want to make a friend, ask, "What's your name?"

If you want to make a friend, then start with a grin,

If you want to make a friend, ask, "What's your name?"

3. Say something nice.

If you want to make a friend, say something nice — "You're cool!"

If you want to make a friend, say something nice — "You're cool!"

If you want to make a friend, then start with a grin,

If you want to make a friend, say something nice — "You're cool!"

4. Say, "Let's play."

If you want to make a friend, say, "Want to play?"

If you want to make a friend, say, "Want to play?"

If you want to make a friend, then start with a grin,

If you want to make a friend, say, "Want to play?"

5. Share a toy.

If you want to make a friend, share a toy,

If you want to make a friend, share a toy,

If you want to make a friend, then start with a grin,

If you want to make a friend, share a toy.

Friends are very important to us. We need friends to laugh with, talk to, play with and share our feelings with. We need friends to care about, and friends who care about us.

## 2 Act Like a Friend

Let's perform a little play to act out how to make a friend. I need five children to act out the story of the day a new student came to school.

♥ *Select five volunteers. Have the volunteers come to the front of the room and number off from one to five. If student #5 is a girl, call her Nellie. If student #5 is a boy, call him Nelson.*

Number five, please stand by the door. You will play the part of the new student. When I say "a new student named Nellie/Nelson came to school," you should start walking into the classroom.

Number one, when you see Nellie/Nelson, you will smile.

Number two, you will say, "What's your name?"

Number three, you will ask, "Do you want to play?"

Number four, you will say, "I'll share."

Let's practice. Here comes Nellie/Nelson.

One, what will you do? 🧐 Smile.

Two, what will you say? 🧐 What's your name?

Three, what will you say? 🧐 Let's play.

Four, what will you say? 🧐 I'll share.

Good. Now we are ready to act out the story of the day the new student came to school for the first time.

Once upon a time, a new student named Nellie/Nelson came to school. S/he was afraid because s/he did not know anyone in her/his new class. ❤️ Child number one should walk into the room.

As s/he walked in, Child #2's Name smiled. 🧐 Number 2 should smile.

Nellie/Nelson felt better. Then s/he saw another student.

Child #3's Name said, "What's your name?" 🧐 Number 3 should say, "What's your name?"

Nellie/Nelson said, "My name is Nellie/Nelson." 🧐 Nellie/Nelson should say, "My name is Nellie/Nelson."

Then s/he saw another student. Child #4's Name said, "Do you want to play?" ❤️ Number 4 should say, "Let's play."

Nellie/Nelson nodded like this. ❤️ Nod your head. Nellie/Nelson should nod too.

Then Child #5's Name said, "I'll share." 🧐 Number 5 should say, "I'll share."

All the children became good friends, and Nellie/Nelson did not feel lonely or afraid any more.

❤️ Applaud, and encourage the class to applaud with you. Thank the volunteers and have them return to their seats. You may want to select five more volunteers and act out the story of the day a new child moved into the neighborhood, came to the park, or joined the scout troop, etc. This is also a good activity to repeat occasionally for reinforcement.

### 3 I Know How to Make a Friend

Open your workbook to page 7. Write your name on the line at the top of the page. Draw your face in the first shape on the left. Remember to draw a big smile. Smiling is one way to show you want to be someone's friend.

Sharing something fun is another way to make a friend. Choose someone you don't know very well to share your workbook with.

If you don't know that special person's name, ask, "What's your name?" Then tell him or her what your name is. Swap books and write your name on the line at the bottom of your friend's workbook.

Now draw your smiling face in the shape on the right.

Give the workbook back to its owner. Now you have a drawing of yourself with a new friend!

♥ *Send home a copy of the Home Workout, page 65, with each child.*

## Looking for More?

---

Supplemental Activities & Resources



### Language Arts Extender

This activity reinforces concepts taught in the lesson and also provides practice in improving auditory memory. Introduce the activity by saying, "I am going to see how many things you can remember about being a good friend." Have the students repeat each of the following statements after you:

- (1) I am a friend when I smile.
- (2) I am a friend when I smile and say my name.
- (3) I am a friend when I smile and say my name and ask you to play.
- (4) I am a friend when I smile and say my name and ask you to play and say something nice.
- (5) I am a friend when I smile and say my name and ask you to play and say something nice and share my toys.



### Recommended Reading

*Making Friends*, Fred Rogers. The Putnam Publishing Group, 1996.

*Making Friends*, Kate Petty and Charlotte Firmin. Barron's, 1991.

*Angus and the Cat*, Marjorie Flack. Farrar, Straus and Giroux, 1997.

*Python's Party*, Brian Wildsmith. Oxford University Press, 1991.

*Little Bunny's Cool Tool Set*, Maribeth Boelts. Albert Whitman & Co., 1999.  
With help from their teacher, Little Bunny and Patrick come to understand more about sharing and friendship.

*Do You Want to Be My Friend?* Eric Carle. Putnam Publishing Group, 1988.  
This picture book shows the story of a mouse who chases tails until he finds a friend.

*Hello, Goodbye*, Aliko. Greenwillow Books, 1996.



# Too Good for Drugs Kindergarten Home Workout

for Parents and Kids

Read each sentence aloud. Have your child circle all correct answers.

1. I can find a friend ...

at school

at the park

in the neighborhood

2. Friends can be ...

classmates

neighbors

teachers

coaches

3. Friends like to ...

laugh

help

share

take turns

\_\_\_\_\_  
Parent's friend

\_\_\_\_\_  
Child's friend



