A fascinating glimpse into recovery history

HAZELDEN PUBLISHES THE ORIGINAL WORKING MANUSCRIPT OF THE BIG BOOK

One of the most historically provocative pieces of recovery literature ever discovered—the original working manuscript of *Alcoholics Anonymous*—will now be available to readers everywhere.

During this, the 75th anniversary of Alcoholics Anonymous, Hazelden Publishing is releasing a four-color reproduction of the entire original working manuscript of the Big Book, complete with AA cofounder Bill Wilson's handwritten margin notes and penciled edits from other founding members of the Fellowship.

*The Book That Started It All* gives readers an up-close look at the first draft of the Big Book, which was written in 1939 and includes markups in black, green and red pencil. The copyedits and commentary give AA history buffs a firsthand view of the many opinions, debates and discussions that went into making the Big Book, as well as an opportunity to decipher five layers of editorial notations.

**ONE OF THE MOST INFLUENTIAL BOOKS OF ALL TIME**

Alcoholics Anonymous was founded on June 10, 1935, the day Bill W. and Dr. Bob first met in Akron, Ohio, and the day Dr. Bob took his last drink of alcohol. Four years and thousands of meetings afterward, Bill W. and a handful of the original 100 AA members took it upon themselves to write down how they got and stayed sober. The result was *Alcoholics Anonymous*, a book that has since been translated into more than 50 languages and has sold 27 million copies in the United States and Canada alone.

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*A glimpse into recovery history—continued on page 2*
Dear Friends and Fellow Travelers,

For reasons personal and professional, I couldn’t wait to get my hands on a copy of *The Book That Started It All*. You see, the very history of Hazelden is intertwined with the Big Book. When Hazelden first opened its doors in 1949, care was based on the fairly new and revolutionary principles and practices of Twelve Step fellowship. There were four core expectations for the men (treatment for women began in 1956) who came to Hazelden:

- Make your bed.
- Comport yourself as a gentleman.
- Attend the daily lectures on the Twelve Steps.
- While sitting around, talk with one another.

Today, the very same Twelve Step principles and practices—delivered in an environment of dignity and respect—remain signature elements of addiction treatment at Hazelden. Of course, science has since helped us better understand the complex biological and behavioral mechanics of addiction to alcohol and other drugs, and Hazelden’s treatment programs today integrate the latest research and evidence-based practices into a clinically holistic approach. But as we continue to evolve, our Twelve Step cornerstone remains firm as does our abiding commitment to help people find freedom from addiction.

It is on this solid and proven ground that Hazelden intends to sustain, grow and further transform the work we do to bring hope, healing and health to millions more around the world who’ve been devastated by addiction. Our roots are deep and our reach is great and growing, thanks to the continued support of our friends.

Mark G. Mishek
President and CEO
ESSAYS PROVIDE EXTRA INSIGHT

In addition to high-resolution scans of the full manuscript, highlights of The Book That Started It All include the original, unedited version of the Twelve Steps (including a First Step that lacks the famous “We” of the opening), anonymous essays by leading AA historians and the transcript of a 1953 speech by Bill Wilson on the making of the Big Book. One essay recounts the internal debate over what to title the text: The Empty Glass, The Dry Life, The Way Out and even One Hundred Men were all in the running.

“For anyone who wants to understand the foundation of his or her own sobriety or that of family, friends, coworkers or loved ones, this book will be a revelation,” says Holmquist. “Most important, this 1939 manuscript highlights the collaborative process that forever changed the way the world treats alcoholics and drug addiction.”

Now available from Hazelden and bookstores nationwide, The Book That Started It All ($65.00/2870) is a large-format “coffee table book,” measuring 11.25” by 13.5”. To order from Hazelden, visit hazelden.org/bookstore or call 800-328-9000.

Be transformed. Again.

The Lodge offers a back-to-basics Twelve Step experience

The Lodge at Hazelden is a place where guests are able to reconnect with the wisdom of the Big Book—and integrate those lessons into daily recovery.

Housed at the Dan Anderson Renewal Center, the Lodge program is ideal for those who are new to recovery but seeking further growth as well as those who have established a stable recovery and are seeking further enrichment or want to refresh their spiritual practice. Group reflection, guest lectures, wonderful meals and plenty of personal time are all a part of the Lodge experience.

To learn more or plan your stay, call 800-262-4882 or visit hazelden.org/renewalcenter.

Our gathering spaces and guest rooms are designed with your comfort and serenity in mind. Delicious, wholesome meals feature fresh fruits and vegetables, lean meats and whole grains.
Q: Are health care professionals more at risk than other groups for addiction?

It’s kind of an occupational hazard. Health care professionals have access to drugs that other people don’t. And there is evidence that health care professionals are more likely to become addicted to medicines they’re exposed to, even though alcohol is still the number one addictive substance for health care professionals. The exception to that would be anesthesiologists; they are more likely to become addicted to fentanyl than anything else. Fentanyl is extremely dangerous and is one hundred times more powerful than heroin. So there is an exposure factor to consider, but there isn’t any evidence that overall rates of addiction are more prevalent among health care professionals.

Q: Why do health care professionals need specialized treatment?

Health care professionals have a pretty unique situation. In many cases, they will return to a work environment where they will be handling the very medicine that they were addicted to. Another difference is that health care professionals are accustomed to being caregivers rather than patients. This means that, in the treatment setting, they need to get out of their familiar role of expert and clinician and instead be the one asking for help. And this can be extremely difficult. Denial can also be especially strong for this group. They are intelligent people whose addiction has driven them to be their own worst enemy. Denial is enhanced by their intelligence. Obtaining drugs is driven by intelligence. The vast majority come into treatment not realizing they have an addiction. Denial is so strong that often we have to get information for the diagnostic evaluation without much help from the patient; we have to get collateral information from family members, coworkers, pharmacies and medical records.

Seppala writes definitive book on prescription painkiller abuse

Addiction to prescribed pain medications is the fastest growing addiction problem in the United States. In fact, pain medications are second only to marijuana as the most commonly used illicit substance. Many mistakenly assume that these are safe medications because physicians prescribe them. However, pain medications are extremely reinforcing, highly addictive and in the same class of drugs as heroin.

In his newest book, Prescription Painkillers: History, Pharmacology, and Treatment, Hazelden’s chief medical officer, Marvin D. Seppala, MD, examines the impact of prescription painkiller abuse on individuals, communities and society at large. The third book in Hazelden’s Library of Addictive Drugs series, Prescription Painkillers offers current, comprehensive information on the history, social impact, pharmacology and addiction treatment for commonly abused, highly addictive opiate prescription painkillers such as Oxycontin®, Vicodin, Percocet and Darvocet.

Dr. Seppala is coauthor of two additional Hazelden books on this important topic: When Painkillers Become Dangerous and Pain-Free Living for Drug-Free People.

Available in November at hazelden.org/bookstore or by calling 800-328-9000.
Innovative study examines impact of text messaging on recovery

Can cell phone text messaging play a supporting role in a young person’s recovery? Hazelden’s Butler Center for Research has launched a clinical research study to explore the possibilities.

The study involves patients from Hazelden’s Center for Youth and Families. Forty-seven participants have signed on to date, nearly one-half of the study’s target goal of 100 participants, reports Audrey Klein, PhD, director of the Butler Center for Research.

“Our objective is to examine the clinical utility of delivering brief, therapeutic text messages by cell phone,” Klein explains.

The 100 participants will be randomly assigned to one of two groups. One group will receive brief text messages from Hazelden during the first three months after leaving treatment, and the other group, the control group, will not. In addition to receiving messages of inspiration and encouragement, participants in the text-messaging group will use their cell phones to respond to brief questions about their continuing care program.

“We will be examining data to determine whether patients in the text-messaging group show greater continuing care compliance and attend more Twelve Step meetings than patients in the control group,” says Klein.

The study is a collaborative effort among Hazelden, the Banyan Group, and Life:WIRE. The Banyan Group focuses on introducing new technology to a variety of healthcare settings, and Life:WIRE provides cell phone-based technology and functionality.

“We are very excited about this collaboration because digital technology has huge potential to positively impact drug and alcohol treatment and aftercare,” Klein notes. “Hazelden is among the first treatment facilities to use this technology with young adults.”

Klein adds that the study will shed new light on addiction recovery among young adults who tend to be an understudied and underserved population.

“Ultimately, this may be yet another way for Hazelden to help restore hope, healing and health to people affected by addiction to alcohol and other drugs.”

Q: What route do most health care professionals take to get to treatment?

For this population, the workplace intervenes more often than family. There can be a kind of a conspiracy of silence among coworkers and families. Families often fear the person will lose their job, which can mean loss of money or prestige. The typical route to treatment starts with a state health professional program or a state medical board hearing a concern, then an investigation takes place to determine whether a problem exits, followed by an evaluation to determine whether it’s addiction.

Q: How is addiction treatment different for health care professionals?

At Hazelden, one of the key features is group therapy specifically for health care professionals. The groups meet twice a week and are an important way for patients to help each other recognize symptoms of addiction they might not be seeing themselves and to provide support for each other. For example, if a hospital pharmacist comes into treatment saying he never had exposure to propofol, a physician in the group would say “That’s bull.” So the group provides an informed understanding of the medical workplace that’s really necessary to the treatment process and to establish a safe return to work. It’s also easier to discuss certain issues in that cohort setting. Some patients have lost their license to practice. They are extremely ashamed of this, but it becomes easier to admit when they hear someone else talking about losing his or her license, job or family.

Q: Do most health care professionals return to their careers after addiction treatment?

Yes, most do. Treatment works. We have good research about physicians, more so than for nurses or other health care professionals. Among physicians, the majority return to the work they were doing before treatment. Recovery rates for physicians are incredible and equal to those of pilots in that 74–90 percent remain abstinent five years after treatment.

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Beginning this fall, addiction professionals from around the world can earn continuing education credits from the comfort of their home or office. How? Through 24/7 access to online courses at the new hazelden.org/professionaled Web site.

Professionals seeking licensure now have the opportunity to learn directly from Hazelden experts, acclaimed authors and other industry leaders without traveling to Hazelden’s campuses.

The online courses are an important new initiative that builds on Hazelden’s long-standing commitment to educate addiction professionals, says Valerie Slaymaker, PhD, chief academic officer and provost of the Hazelden Graduate School of Addiction Studies.

“We believe strongly in lifelong learning for professionals. Our new online offerings allow professionals to not only increase their knowledge base, but to update their licensure with the latest science- and evidence-based practices in addiction treatment.”

Now with the click of a button, professionals can register for courses, complete coursework, take tests and fill out evaluations. Once professionals have finished a course, they receive a certificate showing their continuing education credits, an ideal set-up for those who need a few credits within a short time frame. Professionals can return to the site at any time to finish a continuing education course, take additional courses, or check their records regarding completed courses and the number of continuing education hours completed.

The online continuing education program is a collaborative effort between the Hazelden Graduate School of Addiction Studies and Hazelden Publishing.

According to Kris Van Hoof-Haines, executive director of Media Ventures for Hazelden, addiction professionals are searching for more online opportunities due to both budget and time constraints.

“Dollars have dwindled for professional development,” Van Hoof-Haines observes. “People today are more likely to invest in online continuing education, both personally and professionally. In addition, taking time from busy schedules to earn continuing education credits is less disruptive than traveling to Hazelden’s campuses.”

Now with the click of a button, professionals can register for courses, complete coursework, take tests and fill out evaluations.
ed credits can be difficult, so it tends to be a last-minute situation for many.”

Hazelden’s online courses are competitively priced, averaging between $10 and $20 per clock hour earned.

A major goal of the online course developers, which include Graduate School faculty and Publishing staff and authors, is to offer clinicians the latest and most relevant professional development content. As such, new courses will be continuously added to the site. “We identify courses that best meet the needs of clinicians and that are based on emerging science-based practices,” notes Slaymaker.

To see the full continuing education online course catalog or to register for continuing education classes, visit hazelden.org/professionaled.

Wally Mestad is a second semester student at the Hazelden Graduate School of Addiction Studies.

What attracted you to Hazelden’s graduate program?
I’d been involved in business operations for retail organizations my entire career. When I took advantage of an opportunity to reassess my career and life, I realized I wanted something more. My personal recovery program as an alcoholic influenced my decision, too. Hazelden is an icon in the field of addiction recovery, and the reputation of the Graduate School is outstanding. Hazelden’s Twelve Step program of recovery, multi-disciplinary treatment team and clinical organization were also very important to me.

What kinds of obstacles did you need to overcome?
I’m a 58-year-old businessman who’s been out of the academic setting for many years. My undergraduate degree is in Religion and Philosophy with a minor in Business Administration, but that was back in the 1970s. So you can imagine that I walked into the Graduate School that first day with a little apprehension and anxiety. That all disappeared quickly because the peer, clinical, administrative and faculty support is just amazing. It is such a privilege to learn from people who are icons in all aspects of the field.

What surprised you most about the program?
Both in terms of academics and clinical experience, my first semester far surpassed my expectations. With every course, I found immediate clinical application in my work on a men’s primary treatment unit at Hazelden. The clinical experience really pushed and challenged me and took me to new levels of understanding and self-confidence.

What do you plan to do after you graduate?
My primary goal is to become an addiction counselor for adults. I’ll be following up my first semester clinical work on a Hazelden’s men’s unit with second semester practicum on a women’s primary unit.

The Hazelden Graduate School of Addiction Studies (HGSAS) is a private, accredited institution committed to providing excellence in education. Our innovative and comprehensive academic programs integrate academic training and direct clinical experiences to build professional competency in the field of addiction counseling. Unlike any other graduate school, students are immersed in a culture of addiction science and practice, encompassing a full range of treatment services for youth, adults and families. For more information on the Graduate School, go to hazelden.edu or call 888-257-7800, extension 4175.

Do you know of graduates from the clergy, counselor, master’s or certificate programs who are not receiving mailings or emails from the HGSAS? Send information to HGSASalumni@hazelden.org.
Online recovery community has a new home—Hazelden

Pull up a chair and see for yourself. Sober24.com is the kind of place where you will probably want to spend some time soon.

Hazelden acquired the popular online recovery site earlier this year from Guideposts magazine and has since developed a number of new features to debut in mid-October.

“As a social media site for people in recovery from addiction to alcohol and other drugs, Sober24 is an ideal venue for Hazelden and those we serve,” says Kris Van Hoof-Haines, executive director of Media Ventures for Hazelden. “It’s a place for people in recovery to connect with support and relapse prevention resources, join online discussions, chat with friends, and find information and inspiration—all from the comfort of their home or office.”

Hazelden offers site membership as a free service to everyone in recovery from addiction as well as co-occurring addiction and mental health disorders, says Van Hoof-Haines. Sober24 is also an important resource and meeting ground for family members and loved ones of people in recovery. “Anyone who finds Twelve Step peer recovery and personal growth meaningful in his or her life is welcome,” says Van Hoof-Haines. She emphasized that Sober24 members are encouraged to continue their involvement in their local peer recovery groups. “Think of Sober24 as a way to supplement your daily recovery practice.”

In addition to the site’s popular online discussion groups, recovery news and SoberFuse recovery tracking tool, the enhanced Sober24 site includes several new elements:

- a monthly “read along” book club featuring weekly posts by the selected author and culminating in a live chat event among site members and the author
- regular peer-led and Hazelden staff-led online Twelve Step meetings
- a “tell us your story” section where site members are encouraged to submit personal stories of recovery
- a blog, “Diary of an Alcoholic Housewife,” by Brenda Wilhelmson chronicling her struggle to identify as a recovering alcoholic within a culture of heavy social drinking
- a blog, “Pep Talk with Earnie Larsen,” featuring wisdom and inspiration recovery-coach-style by the popular author and speaker
- a private place for personal journaling with the option of following prompts from recovery advocate and author William C. Moyers who offers inspirational and educational messages to guide writing and reflection in his column, “A New Day, A New Life”

As Sober24 membership grows and evolves, so will the features and enhancements offered on the site, says Van Hoof-Haines. “Our goal is to offer a strong online community of support serving the needs of those in recovery worldwide.”

Best-selling book available as iPhone application

Fans of Hazelden’s classic meditation book Twenty-Four Hours a Day now have a new way to receive your daily measure of recovery wisdom and encouragement. The 24 Hours application for the iPhone, iPad and iPod touch brings the popular book to you at the touch of a button.

The complete collection of thoughts, meditations and prayers from Twenty-Four Hours a Day are instantly available to application subscribers. Special features include:

- immediate access to the day’s message by pressing the “today” button
- the option of receiving a random daily message by shaking the device
- automated email integration allowing subscribers to share the daily message with a friend
- a direct link to Hazelden’s online bookstore search capability for recovery resources

“We chose to make this book available as an iPhone application because Twenty-Four Hours a Day is a mainstay for millions of people around the world in recovery from addiction to alcohol and other drugs,” said Kris Van Hoof-Haines, executive director of Media Ventures for Hazelden. “As our customers continue to increase their use of electronic products and services, we are adapting our offerings to meet their needs.”

Plans are underway to develop similar applications for additional books, including Each Day a New Beginning, A Day at a Time, Food for Thought and Touchstones, and Hazelden is evaluating the creation of applications for other mobile devices.
New titles this fall from Hazelden

**The Gifts of Imperfection**  
**Let Go of Who You Think You’re Supposed to Be and Embrace Who You Are**  
**BRENÉ BROWN, PHD, LMSW**  
Popular writer, researcher and educator Brené Brown gently and graciously empowers us to embrace our imperfections and live a more authentic life. Feelings of inadequacy—of not being good enough—are the all-too-familiar outcome of thinking we need to look perfect and do everything perfectly. But the truth, as Brown so gloriously reveals, is that our very imperfections and vulnerabilities are what connect us with one another as human beings and make us who we really are. Incorporating principles and practices based on Brown’s groundbreaking research, *The Gifts of Imperfection* guides you in choosing courage, compassion and connection over perfectionism—the key to what she calls “wholehearted” living.  
$14.95 / 2545 / Paperback, 160 pp.

**12 Smart Things to Do When the Booze and Drugs Are Gone**  
**Choosing Emotional Sobriety through Self-Awareness and Right Action**  
**ALLEN BERGER, PHD**  
Whether it’s called “dry drunk” or “white knuckle sobriety,” it’s that stage in recovery when we realize that “putting the plug in the jug” isn’t enough. The next step is taking responsibility for the emotional immaturity that fuels our addictive personality. Berger draws on the teachings of Bill W. and psychotherapy pioneers to offer twelve hallmarks of emotional sobriety, including:  
- understanding who you are and what’s important to you  
- learning not to take others’ reactions personally  
- trusting your own inner compass  
- taking responsibility for your reactions to problematic situations  
When practiced, these “smart things” help us develop the tools to find prestige, security and belonging within.  
$14.95 / 2871 / Paperback, 204 pp.

**Cyber Junkie**  
**Escape the Gaming and Internet Trap**  
**KEVIN ROBERTS**  
More and more people are isolating, turning their backs on reality, ignoring family and friends, and losing sleep and even their jobs due to excessive use of video games and the Internet. And they continue to do so despite harmful consequences to their mental, physical and spiritual health—a telltale sign of addiction. In his groundbreaking book, recovering video game addict Roberts draws from extensive scientific and social research, complemented by personal stories, to give compulsive gamers and surfers—and their family and friends—a step-by-step guide to recovery. Included is a guide for parents to help children overcome compulsive gaming and surfing.  
$14.95 / 2864 / Paperback, 192 pp.

**1000 Years of Sobriety**  
**20 People x 50 Years**  
**WILLIAM G. BORCHERT AND MICHAEL FITZPATRICK**  
Read the moving, personal accounts of 20 men and women who have each remained sober for more than 50 years. These are the real “old timers”—the keepers of the wisdom—who joined Alcoholics Anonymous when Bill W. was still alive and whose enduring commitment to sobriety is testament to the power of the program. The inspiring accounts collected here follow the time-tested formula used by the millions of people who share their stories of hope in AA meetings every day. They tell us what they were like as active alcoholics, what triggered their decision to join AA, how they got sober—and how they’ve stayed sober for more than 50 years.  
$14.95 / 4246 / Paperback, 250 pp.

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**Sober24 Book Club Pick**  
12 Smart Things to Do When the Booze and Drugs Are Gone is the first Sober24 Book Club selection, launching in mid October. Buy your copy today and read along.
Embracing the spiritual significance of anonymity

Tradition Twelve of Twelve Step programs states: “Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.” My slogan comes from that tradition. I think of the concept of anonymity in four ways: anonymity as privacy, anonymity as protection for Twelve Step programs, anonymity as the core of recovery spirituality, and anonymity as spiritual freedom.

The simplest meaning of anonymity is privacy. In Twelve Step programs, people are identified by first names only. There are no membership rolls, no records kept of any kind. Sometimes, program members do discuss what was said at meetings among themselves, usually over coffee right after the meeting, but personal privacy is much more secure in a Twelve Step program than anywhere else.

Anonymity also means that no one person may speak for any of the Twelve Step programs. The programs speak for themselves through their “conference approved literature.” For example, when I write about Twelve Step programs, I am speaking for myself, not for any program. When Hazelden prints what I write, they are agreeing to let me speak for them. When Twelve Step programs speak, they speak anonymously. This protects them. If I were someday to relapse and have a widely observed disgrace, which is possible for any alcoholic or addict, I would disgrace myself. Some of that disgrace might rub off on Hazelden. The Twelve Step programs would be untouched, because I never spoke for them.

The truly important meaning of anonymity is that it is the spiritual foundation of our program of recovery. In practical terms, it reminds us to place principles above personalities. Ultimately, it is about equality and fellowship. Anonymity means that I am no different from you, and you are no different from me. We have differences. Some of those differences are obvious, but our differences do not matter.

Our differences do not matter because we all have the same immensely high value as children of God. That is the meaning of anonymity.

Anonymity means that I am not better than you, but it also means that I am not worse than you, in any way. I am not more important, or less important. I am not more valuable, or less valuable. The alcoholic with twenty years of sobriety is not more sober than the alcoholic with twenty days of sobriety.

Whenever we treat someone differently because of our perception of who they are, we are violating their anonymity—not because we are telling their secrets, but because we are failing to see their equality. Young men: Do you have a strong desire to help newly sober young women with their recovery? Do you have the same desire to help bewildered old men with their recovery? If not, you are violating the anonymity of both groups.

Anonymity presents us with a huge opportunity. Everywhere else, other than in the recovery movement, we are judged, evaluated and graded on whom the world thinks we are. By embracing anonymity as reality, we can claim our places as well-loved children of our Creator and greet one another as friends.

“The great fact is just this, and nothing less: That we have had deep and effective spiritual experiences which have revolutionized our whole attitude toward life, toward our fellows and toward God’s universe. The central fact of our lives today is the absolute certainty that our Creator has entered into our hearts and lives in a way which is indeed miraculous. He has commenced to accomplish those things for us which we could never do by ourselves.” —Alcoholics Anonymous, page 25

John A. MacDougall, DMin, is the director of Spiritual Guidance at Hazelden in Center City, Minn.
Ensuring help for today—and hope for tomorrow

With unmatched expertise and understanding, Hazelden has been there for people struggling with addiction—and their loved ones—for more than 60 years.

This lifesaving work is not possible without the support of donors such as Mary T. who understand both the urgency of providing the most effective care for those who need Hazelden’s help today, and the importance of finding the most promising new ways to address the complexities of addiction for future generations.

“I feel fortunate to be a part of the Hazelden family today,” she says, “and to be able in some small way to contribute toward its exceptional efforts—efforts that make a difference in the lives of so many—like mine.”

Contributions to the Annual Fund benefit the individuals, families and communities Hazelden serves in profound and lasting ways, including:

- educating addiction counselors so that they have the knowledge and skills—grounded in the Twelve Step philosophy—to effectively address addiction
- conducting research that leads to new ways to help alcoholics and addicts find lasting freedom from addiction
- developing evidence-based alcohol, drug and violence prevention curricula aimed at reducing risky behaviors and building resilient behaviors among young people
- providing scholarships to individuals who need treatment and recovery services but lack the financial resources to cover the full cost of care
- increasing public awareness that addiction is a disease and treatment works

“Hazelden donors affirm that hope is real, and help is ready, for individuals and families devastated by addiction,” says William C. Moyers, vice president of Foundation Relations. “And it’s only with the support of our friends that Hazelden is able to reach and help the still suffering.”

To make a gift to Hazelden’s Annual Fund, please call 888-535-9485 or give online at hazelden.org/giving.

Gifts to Hazelden’s Annual Fund go directly to the heart of the matter by providing funding to meet both everyday and long-term needs.

More ways for you to make a difference

**VOLUNTEER**
If you would like to volunteer at a Hazelden location or program, please call 800-257-7810.

**SHARE YOUR STORY**
Let Hazelden know how your life has been changed by Hazelden’s work. Your story will be shared with those who don’t yet know the promise of recovery. Please mail your stories to Development, BC2, PO Box 11, Center City, MN 55012 or email them to us at giving@hazelden.org.

**REFER OTHERS**
The best way for Hazelden to reach more people who need help is by word of mouth. If a Hazelden program has changed your life, tell others.

**CONNECT**
Reach out to the recovery community through Hazelden’s Facebook, Twitter and YouTube links. Go to hazelden.org/connect to learn more.
New spaces, new interfaces at Graduate School

Technology upgrades and facility expansion projects were completed by the time students returned to campus this fall at the Hazelden Graduate School of Addiction Studies on Hazelden’s Center City, Minn., campus.

The technology upgrade provides students with access to an interactive Web environment where they can register for courses, view grades, access course materials and perform other key functions. A new, state-of-the-art classroom and much-needed student lounge and computer lab spaces were also created as part of the expansion project, notes Valerie Slaymaker, PhD, chief academic officer and provost.

“Enhancing the educational environment for students has been a top priority for me,” says Hazelden president and CEO Mark Mishek. “Continuous innovation is critical if we are to fully prepare students for service and success in the rapidly changing and increasingly complex field of addiction treatment.”

“Enhancing the educational environment for students has been a top priority for me.”
Mark Mishek, Hazelden president and CEO

Hazelden, a national nonprofit organization founded in 1949, helps people reclaim their lives from the disease of addiction. Built on decades of knowledge and experience, Hazelden offers a comprehensive approach to addiction that addresses the full range of patient, family, and professional needs, including treatment and continuing care for youth and adults, research, higher education, public education and advocacy, and publishing.